

CURRICULUM VITAE

PERSONAL INFORMATION

Surname Name	Parati Gianfranco
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Nationality	Italian
Birth date	22/02/1951
CF (only for Italian doctors)	PRTGFR51B22D142Z

EDUCATION

Title	Medical doctor
Date	1977
Institution	University of Milano

SPECIALIZING COURSES

Title	Specialization in Cardiology; Specialization in Internal Medicine
Date	1980 and 1985, respectively
Institution	University of Milan

WORK EXPERIENCE

Date (from 2018)	Scientific Director, Istituto Auxologico Italiano, IRCCS, Milan, Italy
Date (from 2006)	Full Professor of Cardiovascular Medicine
Institution	Dept of Medicine and Surgery, University of Milano-Bicocca, Milan, Italy & Istituto Auxologico Italiano, IRCCS, Milan Italy.
Job	Teaching, Educational activities, Research, Clinical Activity in Cardiology, Cardiology Unit Management; Department Management; Research Management
Date (from 2012)	Director of the School of Specialization in Cardiovascular Diseases, University of Milan-Bicocca, Milan, Italy.

Job Date (from 2008)	Head, Department of Cardiovascular, Neural and Metabolic Diseases
Institution	St Luca Hospital, Istituto Auxologico Italiano, IRCCS,
Job Date (from 2001)	Clinical activity, Head of Cardiology Unit, Health Care Management, Istituto Auxologico Italiano. Associate Professor of Medicine, University of Milano-Bicocca

Date (from 1978-to 2008)	Different Job Positions as Researcher, Clinical Assistant in Cardiology, Associate Professor of Medicine, Full Professor of Medicine, Head of Cardiology Unit. In 1991 Visiting Scientist at the Massachusetts Institute of Technology, Department of Health Science and Technology, and at Children Hospital, Department of Cardiology, Harvard Medical School, Boston, USA
Institutions	University of Milan, University of Milan-Bicocca; Istituto Auxologico Italiano, IRCCS; Massachusetts Institute of Technology; Harvard Medical School.
Job	Clinical activity, experimental and clinical research, Head of cardiology Unit

-EDITORIAL ACTIVITIES DATE (FROM 2008)	Member of the editorial boards of several international journals including Journal of Hypertension (Executive Editor), Hypertension Research (Associate Editor), Hypertension, and Blood Pressure Monitoring Journal.
-PUBLICATIONS AND METRICS:	>950 publications in peer reviewed Journals and books (IF 1815.6; H. Index 94; Total citations 43472 (from Scopus, April 2020). Orcid http://orcid.org/0000-0001-9402-7439 .

**SCIENTIFIC SOCIETIES
Honors, Awards**

BOARD POSITIONS

- Past President of the Italian Society of Hypertension,
- Past President of the Italian Society of Hypertension Foundation,
- Chairman of the Working Group on Blood Pressure Monitoring of the Italian Society of Hypertension,
- Past president of the Working Group on Heart Failure of the Italian Society of Cardiology,
- Past president of the Working Group on Blood Pressure Monitoring and Cardiovascular Variability of the European Society of Hypertension.
- Past nucleus member of the Working Group on Hypertension and the Heart of the European Society of Cardiology.
- Past ex officio member of the Council of the European Society of Hypertension
- Past Nucleus member of the Working Group on e-Cardiology of the European Society of Cardiology
- Since 2017 Honorary Professor at the Universidad Peruana Cayetano Heredia, Lima, Peru.
- Since 2018 Secretary General and Board of Directors Member of the World Hypertension League, as representative of Europe.
- Since 2019 ex Officio Liaison Officer of the Working Group on e-Cardiology of the European Society of Cardiology
- Since 2019 elected as Treasurer in the Nucleus Board of the Council on Hypertension of the European Society of Cardiology.

MEMBERSHIP

- Since 1980 member of the International Society of Hypertension.
- Since 1989 Member of the European Society of Hypertension.
- Since 1991 International fellow of the High Blood Pressure Council of the American Heart Association (ref. n. 92007876B)
- In 1996 Miembro Correspondiente Estraniero de la Sociedad Argentina de Cardiologia
- Since 1998 Fellow of the European Society of Cardiology
- In 1998 member of ARMS Investigator Group (Advanced Respiratory Monitoring System), related to the Space flight Mission Spacehab STS-107 of the ESA-European Space Agency and NASA.
- Since 1998 member of the Italian Society of Sleep Medicine.
- Since 2001 member of American Physiological Society e FASEB.
- In 2002 member of European Federation of Autonomic Societies and
- Honorary Member of the Latin American Society of Hypertension
- Honorary Member of the Venezuelan Society of Cardiology
- Honorary Member of the Venezuelan Society of Hypertension
- Honorary Member of the Peruvian Society of Cardiology
- Since November 2018 Honorary Member of the Polish Hypertension Society.

AWARDS

- 1984, Young Investigator Award in the competition for “New talents for Research” promoted by National Research Council and “Corriere Medico” for “Relevant contributions to research in the field of Neural Cardiovascular Regulation”.
- 2002 awarded the title of European Hypertension Specialist.
- 2004 Lecturer of the Year (Belgian Universities and Belgian Hypertension League)
- 2005. Forum P.A. (Forum Publica Amministrazione) award. 6° Edition award for excellence in Health Care Services endorsed by the Italian Ministry of Health. Special CNR (National Research Center) Award for the project : “Home Managed Care through Telematic Technologies for Cardiovascular and Psychological Integrated Support of Patients with Heart Failure”
- 2015 ESH “BJORN FOLKOW AWARD AND LECTURE” during the “25th European Meeting on Hypertension and Cardiovascular Protection” of the European Society of Hypertension. For excellence in research on Hypertension pathophysiology.
- 2019 Pickering Lecture Award at the British and Irish Hypertension Society

	<p>Annual Meeting -2019 Honorary member of the British and Irish Hypertension Society.</p>
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<p>RESEARCH INTERESTS AND ACTIVITIES</p>	<p>Coordinator of a number of national and international research projects dealing with:</p> <ul style="list-style-type: none"> -Blood Pressure measurement (leading the development of the first guidelines on home blood pressure monitoring by the European Society of Hypertension and influencing the wide and appropriate use of the method by physicians, stimulating further research in this field; Co-leader of the first European Guidelines on Ambulatory Blood Pressure Monitoring); -Blood Pressure Variability (Providing crucial data in generating the concept of blood pressure variability as an independent risk factor beyond the classic average blood pressure); -Sleep and Sleep Related Breathing Disorders; -Masked Hypertension worldwide (MASTER outcome study); -Cardiovascular Effects of Altitude Exposure (HIGHCARE PROJECTS on Europe Alps, Himalaya and Peruvian Andes), Research Project on Cardiovascular Risk in High Altitude Populations in Peru; Research on Miners working at high altitude in Chile http://www.highcareprojects.eu/?page_id=117); -Autonomic Cardiovascular Modulation and Baroreceptor function (with the development of the "Sequence method" for spontaneous baroreflex sensitivity assessment); -Space research on microgravity (NASA ,ESA); -Heart failure; Pulmonary hypertension and Heart Failure with preserved ejection fraction -Clinical Pharmacology, with investigation of the effects of several antihypertensive drugs on hypertension control over 24 hours -Arterial Stiffness and arterial wall properties, through arterial tonometry -Telemedicine, Digital Health and Mobile Health through development of a validated application for smartphones (ESH CARE app, endorsed by Italian Society of Hypertension, European Society of Hypertension, World Hypertension League). <p>Cardiac Imaging (Cardiac MRI, Echocardiography)</p>
<p>EDUCATIONAL ACTIVITIES</p>	<p>Chair in Diseases of the Cardiovascular System, University of Milano-Bicocca.</p> <p>Professor in charge of the teaching course in Medical Pathology and Semeiotics I, University of Milano Bicocca.</p> <p>Mentoring and Education of medical students in preparation of their MD degree thesis</p> <p>Director of Postgraduate Specialization School in Diseases of the Cardiovascular System, University of Milano-Bicocca</p> <p>Mentor of several Italian and International PhD Students</p> <p>Organization of numerous educational activities within the European Society of Hypertension, World Hypertension League, Chinese Hypertension League, Latin American Society of Hypertension Venezuelan Society of Hypertension and Cardiology, Peruvian Society of Hypertension and around the world</p> <p>Mentoring of many young doctors from Italy and other countries in his research center in the University of Milano-Bicocca/Istituto Auxologico Italiano.</p>
<p>PUBLICATIONS AND METRICS</p>	<p>-962 PubMed publications, 95 h-Index and >43,000 Scopus citations (https://www.ncbi.nlm.nih.gov/pubmed/?term=Parati+G).</p> <p>-Orcid http://orcid.org/0000-0001-9402-7439</p>

I, undersigned Gianfranco Parati, declare that all information included into this document complies with the relevant laws.

24/04/2020

Gianfranco Parati

A handwritten signature in black ink, appearing to read 'G. Parati', written in a cursive style.