

COVID-19:

Preventive measures against the spread of the infection

Safety instructions in research laboratories

Let's adopt some simple precautions in the awareness that "**Everyone protects everyone**":

- Access to a maximum of **2 people at a time** is allowed in workshops of up to 40 square meters. In larger laboratories, access to a maximum of 3 people at a time is allowed.
- Before entering the laboratory it is necessary to **report your presence** to the RADL (Head of Laboratory Research and / or Teaching Activities)
- It is not allowed to enter the laboratory in the presence of fever above 37.5 ° or in the presence of other flu symptoms.
- During the whole time of stay in the laboratory it is necessary to wear a face mask (distributed at the entrances and internally in the Departments).
*Note: The mask is necessary **even if you are alone** in the laboratory, to prevent contamination of surfaces and equipment that could also be used by other people.*
- For access to the building and internal movements, use the **marked routes**.
- It is essential to comply with the hygiene rules prescribed for the containment of the spread of the infection:
 - **wash your hands frequently** with soap and water, drying them thoroughly, or with hydroalcoholic solution, in particular before entering the laboratory, and at the end of the activities;
 - **maintain the social distancing of at least one meter** from colleagues possibly present in the office or in the common areas;
 - ensure strict compliance with respiratory health rules (sneeze and / or cough in a disposable tissue and throw it immediately after use then wash your hands);
 - **avoid touching** the eyes, nose and mouth with your hands, especially if gloved;
 - properly dispose of gloves and masks in unsorted waste;
 - sanitize the relevant work surfaces: for the cleaning of surfaces and equipment, surface disinfectant is made available at the building porters (the cleaning company cleans the floors and tables, which must be clear from material);
 - ventilate the premises where possible.

For practical indications on the use of face masks and gloves, refer to the specific Operating Instructions, published on the University's web space.