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### Affiliations

- School of Medicine and Surgery, University of Milano-Bicocca, Via Cadore 48, 20900 Monza (MB), Italy
- Department of Mental Health, IRCCS San Gerardo, Via Pergolesi 33, 20900 Monza (MB), Italy

### Bibliometric IDs

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Scopus Author: 55249556900

Web of Science™ ResearcherID: K-5755-2016

### Bibliometric scores

**Scopus:** Publications: **149**; Citations: **3,663**; H-index: **36** (01-Apr-25)

**Web of Science™:** Publications: **148**; Citations: **3,245**; H-index: **33** (01-Apr-25)

### Education

**2013-2018:** Specialization in "General Adult Psychiatry", School of Medicine and Surgery, University of Milano-Bicocca.

**2009-2012:** PhD in "Neuroscience", Department of Neurosciences and Biomedical Technologies, University of Milano-Bicocca.

**2011-2012:** Diploma in "Systematic Reviews, Meta-analyses, and Evidence-based Guidelines". Thomas C. Chalmers Centre, University of Milano, Italian Cochrane Centre, Mario Negri Institute for Pharmacological Research.

**2009:** Professional qualification to medical practice, University of Milano, and affiliation to the Local Medical Association (Ordine dei Medici-Chirurghi di Milano).

**2001-2008:** Degree in Medicine and Surgery, University of Milano.

**2000-2001:** Faculty of Biology, University of Milano.

**1995-2000:** High School leaving qualification in classical studies, Liceo Classico Statale Giovanni Berchet, Milano.

### Academic positions

**2024-present:** Director of the School of Specialization in Psychiatry, University of Milano-Bicocca.

**2024-present:** Associate Professor of Psychiatry, School of Medicine and Surgery, University of Milano-Bicocca.

**2021-2024:** Assistant Professor (RTDb) of Psychiatry, School of Medicine and Surgery, University of Milano-Bicocca.

**2020-2021:** Assistant Professor (RTDa) of Psychiatry, School of Medicine and Surgery, University of Milano-Bicocca.

**2018:** Research fellow in Psychiatry, School of Medicine and Surgery, University of Milano-Bicocca.

### Clinical activities

**2025-present:** General Adult Psychiatrist, Department of Mental Health, Day Hospital, IRCCS San Gerardo, Monza.

**2018-present:** General Adult Psychiatrist, Department of Mental Health, Acute Inpatient Psychiatry Unit, Bassini Hospital, ASST Nord Milano, Cinisello Balsamo, Milano.

**2013-2018:** Resident in Psychiatry, Department of Mental Health, San Gerardo University Hospital, Monza.

**2011-2013:** On-call Doctor, Neurological and Orthopedic Rehabilitation Unit, Maugeri Hospital, Lissone, Monza.

### Awards and honors

**2025:** Keynote speaker, 'Psychiatria: Studium Przypadku' ('Psychiatry: case reports'), Wroclaw, Polonia.

**2024:** Included in the Stanford University's list of "World's Top 2%" scientists in the 'Psychiatry' subfield.

**2020:** Brain Sciences Young Investigator Award for his research in biomarkers of severe mental disorders and psychopharmacology.

**2020:** Academic Mentor of the Web of Science Academy.

**2019:** Web of Science / Publons Peer Review Award (Top reviewers in Psychiatry and Psychology).

**2018:** National Academic Qualification as Associate Professor (ASN).

**2018:** Web of Science / Publons Peer Review Award (Top reviewers in Psychiatry and Psychology).

**2017:** Web of Science / Publons Peer Review Award (Top reviewers for Medicine).

**2015:** Outstanding Early Career Researcher on topics of clinical and scientific relevance – Journal of Clinical Psychiatry.

### Editorial activities

**2025-present:** Editor-in-Chief of 'Alpha Psychiatry' (IMR Press).  
**2024-present:** Editorial Board member of 'Therapeutic Advances in Psychopharmacology' (SAGE Journals).  
**2024-present:** Deputy Editor of 'Psychiatry Research Case Reports' (Elsevier).  
**2024-present:** Academic Editor of 'Depression and Anxiety' (Wiley).  
**2023-present:** Editor-in-Chief of 'Alpha Psychiatry' (AVES Publishing).  
**2022-present:** Academic Editor of 'Perspectives in Psychiatric Care' (Wiley).  
**2022-present:** Associate Editor of 'Frontiers in Psychiatry' (Frontiers Media).  
**2020-present:** Associate Editor of 'BMC Psychiatry' (BMC – Springer Nature).  
**2023-2024:** Academic Editor of 'Psychiatry Research Case Reports' (Elsevier).  
**2021-2023:** Editorial Board member of 'Alpha Psychiatry' (AVES Publishing).  
**2020-2022:** Review Editor of 'Frontiers in Psychiatry' (Frontiers Media).  
**2020-2022:** Guest editor of 'Brain Sciences' (MDPI).  
**2019-2021:** Section Board Member of the 'International Journal of Environmental Research and Public Health' (MDPI).

### Funded research projects

**2023-present:** Associate Investigator of the "DISCARD (DISContinuation of Antidepressants in Remitted Depression) Project" (Funding body: Ministry of University and Research – Research Project of National Relevance PRIN – PNRR 2022 call).  
**2023-present:** Principal Investigator of the "ReDREAM (Resistant Depression Response to Esketamine Assessing Metabolomics) Project" (Funding body: Ministry of University and Research – Research Project of National Relevance PRIN 2022 call).  
**2021-2023:** Collaborator of the "Covid-19 pandemic impact on mental health and addiction services in Lombardy region" Project (Funding body: UNIMIB Competitive Excellence Research Grant).  
**2018-2022:** Collaborator of the "VESPA study - Vortioxetine in the Elderly vs. SSRIs: a Pragmatic Assessment" (Funding body: AIFA).  
**2019-2021:** Collaborator of the "ERICA project - Stopping Child Maltreatment through Pan-European Multiprofessional Training Programme: Early Child Protection Work with Families at Risk" (Funding body: European Commission, DG-JUST).  
**2017-2021:** Collaborator of the "EU-VIORMED - EUROpean study on VIOlence Risk and MEntal Disorders" (Funding body: European Commission, DG-SANCO).  
**2017-2019:** Collaborator of the "DURESS, Drug Use Recovery, Environment and Social Subjectivity" (Funding body: European Research Area Network on Illicit Drugs – ERANID).  
**2017-2018:** Collaborator of the "Exploring the role of uric acid on suicide ideation and attempts in subjects with mental illness" (Funding body: UNIMIB Competitive Excellence Research Grant).  
**2012-2014:** Collaborator of the "D-ARIANNA, Digital-Alcohol RiSk Alertness Notifying Network for Adolescents" (Funding body: Cariplo Foundation).  
**2011-2012:** Collaborator of the "ORION, Overdose Risk InfOrmationN Project" (Funding body: European Commission).  
**2010:** Research Grant for the project "Dual Diagnosis" of the Italian Association of Research in Schizophrenia (ARS).  
**2008-2009:** Collaborator of the "PADDI TC - Psychiatric and Addictive Dual Disorders in Therapeutic Communities" (Funding body: Dipartimento Politiche Antidroga, Presidenza Consiglio dei Ministri).

### Membership in Scientific Associations of Psychiatry

**2022-present:** Member of the International Society of Addiction Medicine Global Experts Network (ISAM GEN).  
**2020-present:** Member of the working groups of the Italian Association of Social Psychiatry (SIPS).  
**2019-present:** Active Member (N° EPA03058) of the European Psychiatric Association (EPA).  
**2013-2021:** Board member of the Lombardia Section - Italian Association of Psychiatry (SIPLo).  
**2011-2021:** Board member of the Early Career Psychiatrists Section - Italian Association of Psychiatry (SIP).  
**2013-2015:** Board member of The Italian Association on Addiction Psychiatry (SIP.Dip).  
**2012:** National Delegate of the European Federation of Psychiatry Trainees (EFPT).