

Ilaria M.A. Benzi – Curriculum Vitae

ilaria.benzi@unimib.it

MAIN AREAS OF RESEARCH Dimensional models for personality development and psychopathology; addictive behaviours in adolescence and emerging adulthood; psychological assessment (test construction and validation); effectiveness of psychological interventions and psychodynamic psychotherapy; advanced statistical methods.

[SCOPUS profile](#)

[Google Scholar profile](#)

RESEARCH

Apr 2025–Present Assistant Professor (Tenure Track) - Department of Psychology, University of Milano-Bicocca, Milan (Italy) www.unimib.it

Dec 2023–Dec 2034 National Scientific Qualification (ASN) for Associate Professorship in Clinical and Dynamic Psychology (Scientific Sector 11/E4), Italy

Mar 2022–Feb 2024 Research Fellow at Lab on Attachment Psychology And Parenting Support (LAG; <http://lag.unipv.it/index.php/it/>) Department of Psychology - University of Pavia, Pavia (Italy) (prof. Lavinia Barone).

Jan 2022–Feb 2022 Research Scholarship on “Experimental analyses on the eCONNECT program” at Lab on Attachment Psychology And Parenting Support (LAG; <http://lag.unipv.it/index.php/it/>) Department of Psychology - University of Pavia, Pavia (Italy) (prof. Lavinia Barone).

Jul 2020– Dec 2021 Research Fellow at Applied Technology for Neuro-Psychology Lab IRCCS Istituto Auxologico Italiano (prof. Pietro Cipresso) – Milano www.auxologico.it

Jun 2020–Dec 2021 Project Head Communication Officer at “Promoting Education of Scientific and Technological Societal Issues Through Sublime” (PROMETHEUS project) (P.I.: prof. Andrea Gaggioli) Università Cattolica del Sacro Cuore, Milano (Italia) www.sublimescience.it

May 2019–Jun 2020 Research Fellow at IRCCS Saint John of God Clinical Research Centre – IRCCS Centro San Giovanni di Dio Fatebenefratelli, Brescia (BS) *Psychiatric Epidemiology and Evaluation Unit* (head: dr. Giovanni de Girolamo) www.fatebenefratelli.eu

Nov 2017–Jan 2018 Visiting PhD Student Development of a research project on emerging personality disorders; clinical supervisions Cornell University, New York (United States) Supervisor: J. F. Clarkin

Nov 2015–Oct 2018 PhD in Clinical Psychology Department of Psychology - University of Milano-Bicocca, Milan (Italy) www.unimib.it. PhD in Psychology, Linguistics and Cognitive Neuroscience - Social, Cognitive, and Clinical psychology curriculum. Thesis: "Emerging personality structure in adolescence. Dimensions, processes and developmental trajectories". Supervisor: Fabio Madeddu

TRAINING

Feb 2024 Specialization Diploma in Psychotherapy – *Società Italiana di Psicoanalisi della Relazione (SIPRe)*, Milan (Italy)

- 2021–2022: Psychotherapy internship at *San Paolo Hospital*, Milan (Italy)

Supervisor: Dr. Vera Mariani

- May 2015–Jun 2017: Psychotherapy internship at *Niguarda Hospital*, Milan (Italy)

Supervisor: Dr. Andrea Zara

2022 Summer school “SmartPsychology: Methods and Practices in Ambulatory Assessment and Intervention” (*Lake Como School of Advanced Studies*, July 4-8, 2022)

2021 Introductory workshop on Dialectical Behavior Therapy (DBT), Italian Society for Dialectical Behavior Therapy

2021 Didactic Training Graduate in Transference Focused Psychotherapy (TFP), PDLab & International Society for Transference-Focused Psychotherapy (from 2013: clinical supervisions on Transference Focused Psychotherapy (TFP), (2018, 2020-2021) Lina Normandin (2017- 2018) Stephan Doering (2013-2018, 2020-2022) Fabio Madeddu, Alvise Orlandini (2016) Diana Diamond).

04/12/2019-06/12/2019 Workshop on Experience Sampling Methods (ESM) Research on Experience sampling and Ambulatory methods Leuven (REAL), Katholieke Universiteit Leuven, Belgium

2015-2017 and 2020-2021 Training in Psychotherapy Società Italiana di Psicoanalisi della Relazione (SIPRe), Milano (Italy)

02/09/2018-07/09/2018 Summer school: “Personality disorders: New developments in assessment, treatment, and basic research” International Society of Transference-Focused Psychotherapy, Como, September 2-7, 2018

Nov 2017 Training on Parent Development Interview PDI Training Institute - Yale Child Study Center, New Haven, CT Supervisors: Arietta Slade, Elizabeth Graf, Melissa Ilardi

Oct 2013 Master's Degree in Clinical Psychology and Neuroscience (110/110 cum Laude) University of Milano- Bicocca, Milano (Italy). Thesis: "H. S. Sullivan's contribution to the understanding of schizophrenia: an experience of integration between psychiatry and psychoanalysis". Supervisor: Fabio Madeddu.

Oct 2011 Bachelor's Degree in Psychology (104/110) University of Milano-Bicocca (Italy) Thesis: "The evaluation of change: perspectives on Borderline Personality Disorder" Supervisor: dr. Marta Vigorelli.

Apr 2007 Master's Degree in Philosophy (110/110) University of Milano (Italy) Thesis: "Eric Kandel: toward a new biology of the mind". Supervisors: Corrado Sinigaglia/Giulio Giorello

TEACHING

2024/2025 “Primary care psychology” course (MPSI-07), University of Milano-Bicocca (56 hours); Lab: “Hospital psychology” A + B (MPSI-07), University of Milano-Bicocca (56 hours).

2023/2024 “Test and measurement methods” course (MPSI-08), University of Pavia (36 hours).

2022/2023 “Test and measurement methods” course (MPSI-08), University of Pavia (36 hours).

2021/2022 “Test and measurement methods” course (MPSI-08), University of Pavia (36 hours); “Testing and psychodiagnosis” course (MPSI-08), University of Pavia (36 hours).

2020/2021 “Test and measurement methods” course (MPSI-08), University of Pavia (36 hours).

2019/2020 Seminars in “Clinical psychology” course (MPSI-08), University of Pavia (32 hours).

2018/2019 Lab: “Clinical interviews for diagnosing personality pathology” (MPSI-08), University of Milano-Bicocca (32 hours).

2017/2018 Lab: “Clinical interviews for diagnosing personality pathology” (MPSI-08), University of Milano-Bicocca (32 hours).

2016/2017 Lab: “Clinical interviews for diagnosing personality pathology” (MPSI-08), University of Milano-Bicocca (32 hours).

2015/2016 Lab: “Clinical interviews for diagnosing personality pathology” (MPSI-08), University of Milano-Bicocca (32 hours).

RESEARCH FUNDING

Oct 2023 Society for Psychotherapy Research (SPR – Italy) – Grant awarded for the research project “*Salute in Mente. Understanding, narrating, and promoting mental health in adolescence*” (12-month project)

AWARDS FOR SCIENTIFIC ACTIVITY

Jul 2022 Society for Attachment & Emotion Studies (SEAS) - Scholarship “International Attachment Conference 2022” in Lisbon, July 14-16, 2022

Jul 2018 International Society of Transference Focused Psychotherapy (ISTFP) Scholarship - Summer school “Personality disorders: New developments in assessment, treatment, and basic research” in Como, September 2-7, 2018

REVIEWER ACTIVITY

Associate Editor:

- Current Psychology
- Frontiers in Psychology (sezioni Personality Disorders e Clinical Psychology)

Ad-hoc Reviewer:

- Journal of Adolescence
- Child and Adolescent Mental Health
- BMJ Open
- Clinical Neuropsychiatry
- Research in Psychotherapy: Psychopathology, Process and Outcome (RIPPPPO)
- International Journal for Mental Health and Addiction

AFFILIATIONS

2023-present Society for Psychotherapy Research (SPR)

2018-present International Society of Transference Focused Psychotherapy (ISTFP)

2017-present International Society for the Study of Personality Disorders (ISSPD)

2016-present Associazione Italiana di Psicologia (AIP) Sezione di Psicologia Clinica e Dinamica

2013-present Personality Disorders Lab (PDLab)

LANGUAGE SKILLS

English – C1 (Advanced)

SOFTWARE

Statistical software: R, Jamovi, SPSS

Software for experiments and online survey creation: E-Prime, Inquisit, SurveyMonkey, Qualtrics

Publications

- 1) **Benzi**, I. M. A., Fontana, A., Carone, N., Sideli, L., Locati, F., Parolin, L., & Ensink, K. (2024). Exploring the p-Factor in Adolescence: A Bifactor Exploratory Structural Equation Modeling Approach and Its Association With Emerging Personality Pathology. *Journal of Adolescence*.
- 2) Rizzi, D., Gambini, G., **Benzi**, I.M.A., ... & Klersy, C. (2024). Learning from the COVID-19 challenge: an Italian RCT study on an intervention's effectiveness in reducing mental health symptoms in hospitalized patients. *Current Psychology*, 43(46), 35772-35784.
- 3) Fontana, A., Toselli, S., **Benzi**, I. M. A., Parolin, L. A. L., Cacioppo, M., & Carone, N. (2024). Pathological narcissism mentalization and gender differences in alcohol misuse among emerging adults. *Discover Psychology*, 4(1), 1-13.
- 4) Carone, N., Muzi, L., **Benzi**, I. M. A., Cacioppo, M., Parolin, L. A. L., Santona, A. M. R., & Fontana, A. (2024). The Influence of Childhood Emotional Abuse and Neglect on Love Addiction: The Indirect Effect of Vulnerable Narcissism Among Female and Male Emerging Adults. *Journal of Interpersonal Violence*.
- 5) Cruciani, G., Fontana, A., **Benzi**, I. M. A., Sideli, L., Parolin, L. A. L., Muzi, L., & Carone, N. (2024). Mentalized affectivity, helicopter parenting, and psychopathological risk in emerging adults: a network analysis. *European Journal of Investigation in Health, Psychology and Education*, 14(9), 2523-2541.
- 6) **Benzi**, I. M. A., Fontana, A., Lingiardi, V., Parolin, L., & Carone, N. (2024b). "Don't Leave me Behind!" Problematic Internet Use and Fear of Missing Out Through the Lens of Epistemic Trust in Emerging Adulthood. *Current Psychology*, 1-10.
- 7) **Benzi**, I. M. A., Fontana, A., Di Pierro, R., Parolin, L., & Ensink, K. (2024a). Unpacking the p-factor. Associations Between Maladaptive Personality Traits and General Psychopathology in Female and Male Adolescents. *Research on Child and Adolescent Psychopathology*, 1-14.
- 8) Rizzi, D., Monaci, M., Gambini, G., **Benzi**, I. M. A., Perlini, S., De Silvestri, A., ... & Barone, L. (2024). A Longitudinal RCT on the Effectiveness of a Psychological Intervention for Hospital Healthcare Workers During the COVID-19 Pandemic: What We Learned to Date. *Journal of Clinical Psychology in Medical Settings*, 1-12.
- 9) Carone*, N., **Benzi***, I. M. A., Muzi, L., Parolin, L. A. L., & Fontana, A. (2023). Problematic internet use in emerging adulthood to escape from maternal helicopter parenting: defensive functioning as a mediating mechanism. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 26(3).
- 10) **Benzi**, I. M. A., Carone, N., Parolin, L., Martin-Gagnon, G., Ensink, K., & Fontana, A. (2023g). Different epistemic stances for different traumatic experiences: implications for mentalization. *Research in Psychotherapy: Psychopathology, Process, and Outcome*, 26(3).
- 11) **Benzi**, I. M., Compare, A., Tona, A. L., Di Nuovo, S., Lazzari, D., Lingiardi, V., ... & Parolin, L. (2023f). PsyCARE study: assessing impact, cost-effectiveness, and transdiagnostic factors of the Italian ministry of health's "psychological bonus" policy. *BMC psychology*, 11(1), 306.
- 12) **Benzi**, I. M. A., Stival, C., Gallus, S., Odone, A., & Barone, L. (2023e). Exploring Patterns of Alcohol Consumption in Adolescence: the Role of Health Complaints and Psychosocial Determinants in an Italian Sample. *International Journal of Mental Health and Addiction*, 1-17.
- 13) **Benzi**, I. M. A., Carone, N., Fontana, A., & Barone, L. (2023d). Problematic internet use in emerging adulthood: The interplay between narcissistic vulnerability and environmental sensitivity. *Journal of Media Psychology: Theories, Methods, and Applications*, 35(5), 316.
- 14) Tracchegiani, J., **Benzi**, I., Carone, N., Moretti, M., Ruglioni, L., & Barone, L. (2023). Lavorare con gli adolescenti attraverso un intervento per i genitori. Uno studio pilota sull'implementazione del programma d'intervento eConnect basato sull'attaccamento. *Psicologia clinica dello sviluppo*, 1-22.
- 15) Carone*, N., **Benzi***, I. M. A., Parolin, L. A. L., & Fontana, A. (2023). "I can't miss a thing"—The contribution of defense mechanisms, grandiose narcissism, and vulnerable narcissism to fear of missing out in emerging adulthood. *Personality and Individual Differences*, 214, 112333.
- 16) Fontana, A., **Benzi**, I. M. A., Ghezzi, V., Cianfanelli, B., & Sideli, L. (2023). Narcissistic traits and problematic internet use among youths: A latent change score model approach. *Personality and Individual Differences*, 212, 112265.
- 17) Locati*, F., **Benzi***, I. M. A., Milesi, A., Campbell, C., Midgley, N., Fonagy, P., & Parolin, L. (2023). Associations of mentalization and epistemic trust with internalizing and externalizing problems in adolescence: A gender-sensitive structural equation modeling approach. *Journal of Adolescence*.
- 18) **Benzi**, I. M. A., Fontana, A., & Di Pierro, R. (2023c). Maladaptive personality traits and internalizing and externalizing problems: the role of borderline and narcissistic features in adolescence. *Clinical Neuropsychiatry*, 20(3), 161.
- 19) Milesi, Alberto; De Carli, Pietro; Locati, Francesca; **Benzi**, Iaria M.A.; Campbell, Chloe; Fonagy, Peter; Parolin, Laura; (2023) How can I trust you? The role of facial trustworthiness in the development of epistemic and interpersonal trust. *Human Development (In press)*.
- 20) **Benzi**, I. M. A., Gallus, S., Santoro, E., & Barone, L. (2023b). Psychosocial determinants of sleep difficulties in adolescence: the role of perceived support from family, peers, and school in an Italian HBSC sample. *European Journal of Pediatrics*, 1-10.
- 21) **Benzi**, I. M. A., Carone, N., Moretti, M., Ruglioni, L., Tracchegiani, J., & Barone, L. (2023a). eCONNECT Parent Group: An Online Attachment-Based Intervention to Reduce Attachment Insecurity, Behavioral Problems, and Emotional

Dysregulation in Adolescence. *International Journal of Environmental Research and Public Health*, 20(4), 3532.

- 22) Fontana, A., Cianfanelli, B., Verbaro, R., Cuzzocrea, G., **Benzi**, I. M. A., & Sideli, L. (2022). Two-Wave Stability of Grandiose and Vulnerable Narcissism During Adolescence: The Mediating Role of Empathy. *The Journal of Nervous and Mental Disease*, 10-1097.
- 23) **Benzi**, I. M. A., Fontana, A., Barone, L., Preti, E., Parolin, L., & Ensink, K. (2022). Emerging personality in adolescence: developmental trajectories, internalizing and externalizing problems, and the role of mentalizing abilities. *Journal of Adolescence*.
- 24) **Benzi**, I. M. A., & Cipresso, P. (2022). Venturing through storm and stress. A virtual reality app for the assessment of Emotional Sensitivity. *ANNUAL REVIEW OF CYBERTHERAPY AND TELEMEDICINE*, 20, 53-57.
- 25) Locati, F., **Benzi**, I., Cipresso, P., & Parolin, L. (2022). Training mentalizing skills in virtual reality: An experimental treatment for children. *Annual Review of Cybertherapy and Telemedicine*, 20, 59-63.
- 26) Fontana, A., **Benzi**, I. M. A., & Cipresso, P. (2022). Problematic internet use as a moderator between personality dimensions and internalizing and externalizing symptoms in adolescence. *Current psychology*, 1-10.
- 27) Parolin, L. A. L., **Benzi**, I. M. A., Fanti, E., Milesi, A., Cipresso, P., & Preti, E. (2021). Italia Ti Ascolto [Italy, I am listening]: an app-based group psychological intervention during the COVID-19 pandemic. *Research in Psychotherapy: Psychopathology, Process, and Outcome*, 24(1).
- 28) **Benzi**, I. M. A., Fontana, A., Di Pierro, R., Perugini, M., Cipresso, P., Madeddu, F., ... & Preti, E. (2021). Assessment of personality functioning in adolescence: development of the adolescent personality structure questionnaire. *Assessment*, 1073191120988157.
- 29) **Benzi**, I. M. A., Cipresso, P. (2020). Let's dive into it! Exploring mentalizing abilities in adolescence in an immersive 360° environment. *Annual review of cybertherapy and telemedicine*, 18, 271-274
- 30) **Benzi**, I. M. A., Di Pierro, R., De Carli, P., Cristea, I. A., & Cipresso, P. (2020). All the faces of research on borderline personality pathology: drawing future trajectories through a network and cluster analysis of the literature. *Journal of Evidence-Based Psychotherapies*, 20(2), 3-30 doi: 10.24193/jebp.2020.2.9
- 31) Tuena, C., Mancuso, V., **Benzi**, I., Cipresso, P., Chirico, A., Goulene, K. M., ... & Pedrolì, E. (2020). Executive functions are associated with fall risk but not balance in chronic cerebrovascular disease. *Journal of clinical medicine*, 9(11), 3405.
- 32) de Girolamo, G., Rocchetti, M., **Benzi**, I. M. A., Agosta, S., Casiraghi, L., Ferrari, C., ... & Starace, F. (2020). DAily time use, Physical Activity, quality of care and interpersonal relationships in patients with Schizophrenia spectrum disorders (DiAPASon): an Italian multicentre study. *BMC Psychiatry*, 20, 1-12.
- 33) **Benzi**, I. M. A., Preti, E., Di Pierro, R., Clarkin, J. F., & Madeddu, F. (2019). Maladaptive personality traits and psychological distress in adolescence: The moderating role of personality functioning. *Personality and Individual Differences*, 140, 33-40
- 34) **Benzi**, I., Sarno, I., & Di Pierro, R. (2018). Maladaptive personality functioning and non-suicidal self-injury in adolescence. *Clinical neuropsychiatry*, 15(4), 215-221.
- 35) Di Pierro, R., Costantini, G., **Benzi**, I. M. A., Madeddu, F., & Preti, E. (2018). Grandiose and entitled, but still fragile: a network analysis of pathological narcissistic traits. *Personality and Individual Differences*.
- 36) Preti, E., Di Pierro, R., Costantini, G., **Benzi**, I. M., De Panfilis, C., & Madeddu, F. (2018). Using the Structured Interview of Personality Organization for DSM-5 Level of Personality Functioning Rating Performed by Inexperienced Raters. *Journal of personality assessment*, 1-9.
- 37) **Benzi**, I., & Madeddu, F. (2017). Development of Personality Disorders: Identity as a Key Process. *International Journal of Psychology & Behavior Analysis*, 3(124), 1-3.
- 38) Di Pierro, R., **Benzi**, I. M. A., & Madeddu, F. (2015). Difficulties in emotion regulation among inpatients with substance use disorders: the mediating effect of mature defenses mechanisms. *Clinical neuropsychiatry*, (4).

Book chapters

- 1) **Benzi** I.M.A., Milesi A., Parolin L.A.L. (2021) Unconscious in Psychology. In: Glăveanu V.P. (eds) The Palgrave Encyclopedia of the Possible. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-319-98390-5_162-1
- 2) Suttora, C.; **Benzi**, I.M.A.; Il narcisismo in età evolutiva e in adolescenza, in: i mille volti di narciso, Milano, Raffaello Cortina, 2020, pp. 221 - 258 [capitolo di libro]
- 3) Madeddu, F., Bonalume, L., Dainese, S., & **Benzi**, I. M. A. (2014). The global functioning evaluation: Kennedy Axis V compared with WHODAS 2.0. *Psychology Applications & Developments Advances in Psychology and Psychological Trends Series Edited by: Clara Pracana*, 132.

PRESENTAZIONI/ABSTRACTS/POSTERS

- 1) **Benzi**, I.M.A., Locati, F., Valadé, S. (2024). Salute in Mente. Comprendere, raccontare e promuovere la salute mentale in adolescenza. **Abstract & Symposium presentation** at: XV Congresso Nazionale SPR-IG – Napoli.
- 2) **Symposium organization**. “Dimensional models of psychopathology in adolescence. Personality, mentalization, and internalizing and externalizing features.” – **Benzi**, I.M.A., Ensink, K. (2023). Unpacking *p*-factor. Maladaptive personality

traits and general psychopathology in adolescence. **Abstract & Symposium presentation** at: XXIII Congresso Nazionale AIP della sezione di Psicologia Clinica e Dinamica, Firenze, Italia.

- 3) **Benzi, I.M.A., Lazzari, D., Compare, A., Di Nuovo, S., Lo Coco, G., Lingiardi, V., Parolin, L., (2023).** Assessing the Effectiveness of the Italian Psychological Bonus: A Study of Access, Impact, and Cost-Effectiveness. **Abstract & Symposium presentation** at: XVIII European Congress of Psychology, Brighton, UK.
- 4) **Benzi, I.M.A. & Ensink, K. (2022).** Adolescent Personality Development Predicts Later Psychological Difficulties: Mentalizing Moderates in Unexpected Way. **Abstract & Symposium presentation** at: 7th International Society of Transference Focused Psychotherapy, Innsbruck, Austria (online).
- 5) **Barone, L., Carone, N., Benzi, I.M.A., Tracchegiani, J., Moretti, M. (2022).** Connecting parents to their adolescents via an online attachment-based intervention in Italy: The effectiveness of eCONNECT in reducing adolescents' attachment insecurity and behavioral problems via parents' affect regulation. **Abstract & Symposium presentation** at: International Attachment Conference, Lisbon, Portugal.
- 6) **Benzi, I.M.A., Barone, L., Tracchegiani, J., Moretti, M. (2022).** eCONNECT: an online attachment-based intervention for parents to reduce adolescents' attachment insecurity and behavioural problems. **Abstract & Symposium presentation** at: XXX Congresso Nazionale AIP (tutte le sezioni), Padova, Italia.
- 7) **Benzi, I.M.A., Fontana, A., Parolin, L., Milesi, A., Preti, Cipresso, P., E., Ensink, K. & Normandin, L. (2021).** Emerging personality in adolescence: A longitudinal study exploring developmental trajectories and the role of mentalizing abilities. **Abstract & presentation** at: 17th World Congress ISSPD PERSONALITY DISORDER CONGRESS 2021, Oslo, Norway (online).
- 8) **Milesi, A., Locati F., Benzi, I.M.A., Parolin, L., Ensink, K. & Fonagy, P. (2021).** Mentalization and affective instability in adolescence during lockdown: the role of epistemic trust. **Abstract & presentation** at: 17th World Congress ISSPD PERSONALITY DISORDER CONGRESS 2021, Oslo, Norway (online).
- 9) **Benzi, I.M.A., Fontana, A., Di Pierro, R. (2021).** Emerging personality in adolescence: dimensional perspectives. **Abstract & Symposium presentation** at: XXII Congresso Nazionale AIP della sezione di Psicologia Clinica e Dinamica, Lecce, Italia.
- 10) **Benzi, I.M.A., Cipresso, P. (2021).** Venturing through storm and stress: a virtual reality app for the assessment of emotional sensitivity. **Abstract & Symposium presentation** at: 25th Anniversary Annual International CyberPsychology, CyberTherapy & Social Networking Conference (CYPSY25), Milano, Italia (online).
- 11) **Locati, F., Benzi, I.M.A., Cipresso, P., Parolin, L. (2021).** Training mentalization in virtual reality: an experimental treatment for children. **Abstract & Symposium presentation** at: 25th Anniversary Annual International CyberPsychology, CyberTherapy & Social Networking Conference (CYPSY25), Milano, Italia (online).
- 12) **Di Sarno, M., & Benzi, I. (2019).** Grandiose and ashamed: Trait narcissism and its relation to daily shame. **Abstract & Symposium presentation** at *XXI Congresso Nazionale Associazione Italiana di Psicologia-Sezione Clinica-Dinamica* (Vol. 7, No. 2, p. 41).
- 13) **Benzi, I., Di Pierro, R., Fontana, A., Madeddu, F., Clarkin, J., & Preti, E. (2018).** Assessing personality structure in adolescence. Development of the Adolescent Personality Questionnaire (APS-Q). **Abstract & Symposium presentation** at: 5th International Society of Transference Focused Psychotherapy Conference, Barcelona, Spain.
- 14) **Benzi, I., Preti, E., Clarkin, J., Madeddu, F., & Di Pierro, R. (2018).** Emerging personality structure in adolescence: associations with borderline and narcissistic features. **Abstract & Symposium presentation** at: 5th International Congress on Borderline Personality Disorder and Allied Disorders, Sitges/Barcelona, Spain.
- 15) **Maggio, C., Di Sarno, M., Benzi, I., Madeddu, F., & Di Pierro, R. (2018).** Internalizing and externalizing problems in young adolescents: Associations with narcissistic traits and gender. **Abstract & Presentation** at: 5th International Congress on Borderline Personality Disorder and Allied Disorders, Sitges/Barcelona, Spain.
- 16) **Benzi, I., Preti, E., Di Pierro, R., Sarno, I., Fontana, A., & Madeddu, F. (2017).** Indagare la personalità patologica in adolescenza: dimensioni di funzionamento e outcomes disadattivi. **Abstract & Symposium presentation.** In Proceedings "XII CONVEGNO AGIPPSA - Identità adolescenti - Alla ricerca di sé nella società complessa".
- 17) **Benzi, I., Preti, E., Di Pierro, R., Sarno, I., Fontana, A., & Madeddu, F. (2017).** Investigating personality structure in adolescence. **Abstract & Symposium presentation.** In Proceedings "XVth International Congress of the International Society for the Study of Personality Disorders". Heidelberg, Germany.
- 18) **Preti, E., Di Pierro, R., Benzi, I., & Madeddu, F. (2017).** Personality structure in patients with substance-related disorders. **Abstract & Presentation.** In Proceedings 15th congress of the International Society for the Study of Personality Disorder (ISSPD). Heidelberg, Germany.
- 19) **Benzi, I., & Madeddu, F. (2016).** Body talk: personality organization and somatic symptoms in adolescence. **Poster & Presentation.** In Proceedings "Associazione Italiana di Psicologia - XVIII Congresso Nazionale della Sezione di Psicologia clinica e dinamica".
- 20) **Di Pierro, R., Benzi, I., Madeddu, F., & Preti, E. (2016).** Personality pathology assessment: Use of the level of personality

functioning scale by clinically inexperienced raters and associations with the structured Interview of personality organization. **Poster.** In Proceedings "4th International Congress on Borderline Personality Disorder and Allied Disorders", Vienna.

I give consent to process my data, in accordance to the Regulation of the European Parliament 679/2016, regarding the protection of natural persons and free movement of such data.

Milan, 01/04/2025

Ilaria Maria Antonietta Benzi