

Curriculum Vitae

Giuseppe Carrà, MD, MSc, PhD

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Web of Science Researcher ID: C-6091-2012

Full Professor of Psychiatry & Dean

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**July 1st 2018-present: Medical Director of the Mental Health and Addiction Care Department.
North Milano Community Health & Social Care Trust- ASST Nord Milano.**

PERSONAL DETAILS

Date of Birth: June 4th, 1965; Catania, Italy.

Nationality: Italian

BOARD STATUS

1991: Diplomate, MD, Milan

1991: Italian General Medical Full Registration N° 35188- Milan

1995: Board registered, General Adult Psychiatrist

1998: Diplomate, Psychotherapist, Milan

September 5th 2005: Full registration N° 6135867 and included on the Specialist Register of the UK General Medical Council as a Specialist in Psychiatry

2006: Royal College of Psychiatrists CPD registration

2006: London Regional Panel Section 12 approval

RESEARCH FELLOWSHIPS

September 2004-December 2016: Research Fellow. Division of Psychiatry, **University College of London.**

December 2016-June 2024: Research Associate, Division of Psychiatry, **University College of London.**

FOREIGN LANGUAGES. English: Computer-Based Test of English as a foreign language (TOEFL) =253, July 2003-Common European Framework of Reference (CEFR) level=C2; **French:** CEFR level=A2; **Spanish** CEFR level =B1.

MAIN IT SKILLS: SPSS Statistics 25, STATA 16, REVMAN, MICROSOFT OFFICE PACKAGE

EDUCATION

1979-1984: Public Grammar School, additional Maths curriculum, Liceo Ginnasio Statale Mario Cutelli, Catania, Italy: full marks (60/60).

1984-1991: School of Medicine, University of Milan, Italy. **1989-1991:** Rotating internship, Department of Psychiatry, University of Milan. **1991:** MD Medical Doctor Degree: full marks (UK equivalent MA, MB, BChir)

Post Registration Qualifications

- **1991-1995:** General Adult Psychiatry Specialist Training, full-time fellowship, University of Pavia. 1st class honours, Italian specialist qualification in General Adult Psychiatry.
- **2000:** 6 months MSc Management in Psychiatry, by Italian Psychiatric Association and Lombardy Region: full marks.
- **2000-2004:** Ph.D. in Psychiatry, University of Pavia-Department of Applied health and Behavioural Sciences (4 years):
- **March 2001:** "Evidence Based Medicine in Schizophrenia Diploma" at Lundbeck International Psychiatric Institute, Copenhagen.
- **March 2003-August 2004:** Academic Visitor, Department of Psychology. St. George's Hospital Medical School. University of London. Tutor Prof. Patricia Howlin. Head of Department: Prof. Robert West.
- **September 2004-October 2006:** Master of Sciences in Psychiatric Research. University College of London (Supervisors Sonia Johnson and Paul Bebbington) Overall mark 68 (70 dissertation, 65 viva)
- **November 2004-October 2006:** Post-doctoral fellowship (2 years). University of Pavia. Department of Applied Health and Behavioural Sciences. Topic: Schizophrenia and Substance Abuse.

ACADEMIC POSITIONS HELD

- **March 2019- August 2023:** Associate Professor of Psychiatry. Department of Medicine and Surgery. University of Milano Bicocca (I).
- **March 2016-February 2019:** Tenure track Associate Professor of Psychiatry. Department of Medicine and Surgery. University of Milano Bicocca (I).

REGISTRAR TRAINING POSTS, HOSPITAL APPOINTMENTS AND AUDIT, CONSULTANCIES

November 1991- April 1995: senior house officer (SHO) and specialist registrar (SpR) at Pavia University Hospital Mental Health Trust. **May 1995-April 2002:** Consultant Psychiatrist S. Paolo University Hospital Trust, Milan. **April 2002-October 2006:** sabbatical leave for Ph.D. and post-doctoral courses. **1996-1997:** Public Health Program, funded by Lombardy Region, "Family psychoeducational interventions in Schizophrenia". **1997-2001:** Principal Investigator of Pilot program on Dually Diagnosed Patients, funded by Lombardy Region at the University of Pavia. **1999-2001:** Leader of Community Psychiatric Rehabilitation Team. S. Paolo University Hospital, Milan. **2001-2002:** Coordinator of Psychiatrists' CPD program at S. Paolo University Hospital, 3rd professional level (top 4th). **2000-August 2004:** Consultant Psychiatrist in Pavia prison. **September 2004- September 2005:** Research fellow: Camden & Islington Mental Health and Social Care Trust. **October 2005-October 2006:** Consultant Psychiatrist Camden & Islington Mental Health and Social Care Trust. **November 2006-July 2009:** Consultant Psychiatrist S. Paolo University Hospital Trust, Milan. **August 2009-January 2012:** Consultant Psychiatrist S. Gerardo University Hospital Trust, Monza. **February 2012- June 2018:** Deputy Medical Director for community and residential mental health programmes S. Gerardo University Hospital Trust, Monza. **June 2012-December 2013:** Psychiatric Assessor for FDA registration trials at MEDAVANTE www.medavante-prophase.com **July**

2018-present: Psychiatric Services Director. Edoardo Bassini Hospital (MI). **January 2019-present:** Psychiatric Services Director. Sesto San Giovanni Hospital (MI). **September-2018-present:** Medical Director of the Mental Health and Addiction Care Department. North Milan Community Health and Social Care Trust.

SCIENTIFIC AND PROFESSIONAL CONFERENCES: Several plenary and workshop lectures at numerous National and International Conferences, workshops and congresses, including:

- “Psychiatric Comorbidity in Addiction”. Third National Conference on Addiction. Genoa, 28-30 November 2000.
- “From Specialist training to CME” Co-speakers: C. Katona, J. Mezzich and M. Maj. XLII National Congress Italian Psychiatric Association, Turin October, 2000.
- “Training in Psychiatry in different European Countries” at 11th Congress of Association of European Psychiatrists, Stockholm, May 2002.
- “Addiction Psychiatry in Italy”. 25th BundesDrogenKongress 2002 “Europa sucht Integration”. Frankfurt, June 2002
- “Expressed emotion and substance-related disorders in outpatient and residential treatment: a case control study”. XIIIth World Congress of Psychiatry. September 10-15, 2005. Cairo
- “Variations in rates of comorbid substance use in psychosis between mental health settings and geographical areas in the UK”. 2008 Capetown, South Africa. Nov 17-20. International Society of Addiction Medicine Annual Meeting "Understanding Addictions, Providing Comprehensive Care".
- “Dual diagnosis in Italy: findings from the PADDI Study”. 2009 World Psychiatric Association International Congress “Treatments in psychiatry: a new update”. April 1-4, Florence, Italy
- “Alcohol misuse in people with schizophrenia: Findings from the PADDI (psychiatric and addictive dual diagnosis in Italy) study”. 17th European Psychiatric Association Congress - Lisbon, Portugal, 24-28 January, 2009
- “Rates and Correlates of Dual Diagnosis in Residential Programs for Dependent Clients: findings from the PADDI-TC (Psychiatric & Addictive Dual Disorders In Italy-Therapeutic Communities) Study”. 2009 Calgary, Canada Sept 23-26. International Society of Addiction Medicine. Annual Meeting "Celebrating the Past...Shaping the Future".
- “Geographical variations for addiction risk among dually diagnosed people cared in parallel systems”. 18th European Congress of Psychiatry February 27, March 2, 2010 Munich, Germany.
- “Multiple group family treatment for schizophrenia in Italy” 2nd Biennial Schizophrenia International Research Conference, 10 April 2010 - 14 April 2010, Florence.
- “Substance abuse, mental disorders and self-harm behaviour” 13th European Symposium on Suicide and Suicidal Behaviour, Rome September 1st-4th 2010.
- “Is there a European Approach for Drug-Free Therapeutic Communities?” 2011. Oslo, Norway. Sept 6-10. International Society of Addiction Medicine Annual Meeting "Addiction: Science-Politics-Realities"
- “An International Perspective on Combined Addiction and Mental Illness”. The American Society of Addiction Medicine 43rd Medical-Scientific Conference. Atlanta, April 19-22, 2012.
- “The role of area-level deprivation among comorbid patients in dual diagnosis residential programmes”. Royal College of Psychiatrists Addiction conference, Newcastle, May 2-3. 2013-.
- “Clinical responses in psychiatry services to substance misuse”. Dundee (UK). 17th International Society of Addiction Medicine (ISAM) Congress. October 5-8, 2015. Addiction: From Biology to Recovery.
- “Novel Technological approaches for substance use disorders”, Strasbourg 19th January 2017. Science and Technology Options Assessment (STOA) Panel at the European Parliament joint presentation with the European Brain Council.

- “Gambling, geographical variations and deprivation: findings from the adult psychiatric morbidity survey”. London, 12 July 2017. Health Studies User Conference 2017. Organized by UK Data Service and The Royal Statistical Society.
- “Brain Health: The digital future is on its way”. European Brain Council workshop at the European Parliament, Brussels, 22 November 2017.
- Progetto MaCroScopio, Osservatorio sulla Cronicità, gruppo di lavoro di MaCroScopio straordinario dedicato alla Long Covid Syndrome, <https://macroscopio.it/gruppi-di-lavoro/long-covid-sindrome/> 22 April 2021
- “Substance Use Disorders during the COVID-19 Pandemic”, Verona, 17th September 2021, 18th International Congress of International Federation of Psychiatric Epidemiology-IFPE
- "Tradizione e innovazione: l'evoluzione dei textbooks in area medica pre e post pandemia", 8th July 2022, Springer Nature Webinar.
- “Personalised services for the Elders. Discussing design options in an interdisciplinary and intercultural way.”, Menaggio (CO), 28 November- 2 December, 2022, Villa Vigoni, Deutsch-Italienisches Zentrum für den Europäischen Dialog
- La salute mentale in Toscana post-pandemia: valutazione dei bisogni e della risposta dei servizi di cura. 12 marzo 2024, Firenze, Agenzia regionale di sanità della Toscana
- Recent insights in comorbid mental and addictive disorders. 32nd European Congress of Psychiatry. Budapest, 6-9 April 2024.

RESEARCH INTERESTS:

Researching Clinical, Biological and Digital phenotypes of Mental Disorders across several methods and projects.

- Social and Community Psychiatry.
- Psychiatric Epidemiology.
- Addiction Psychiatry.
- Schizophrenia, Bipolar Disorder and other Severe Mental Illnesses: correlates and features
- Psychological correlates of Eating Disorders.
- E-Health in addictive and mental disorders.

MAIN RESEARCH PROJECTS AND COMPETITIVE GRANTS AWARDED

- Validation study of the Italian version of K-10 self, screening questionnaire for emotional disorders (Funded by the University of Pavia, in collaboration with the Harvard Medical School and WHO) **2004**.
- Electronic scoring CD-ROM of the Addiction Severity Index X Edition (Funded by Italian Welfare Department, Euros 50,000; completed and published December **2005**).
- Cross-sectional and longitudinal correlates of schizophrenia: the EUROSC cohort study (with Paul Bebbington and Sonia Johnson) **2004-present**.
- Prevalence and Association of Substance Misuse in First Episode Psychosis among users of Early Intervention Services: a pilot study (with Paul Bebbington and Sonia Johnson) **2004-present**.
- PADDI Study-Psychiatric and Addictive Dual Disorders in Italy in Mental Health settings. National Survey funded by Italian Welfare Department (**Euros 232,000** with Massimo Clerici) **2005-2007**
- PADDI-MIRROR Study-Psychiatric and Addictive Dual Disorders in Italy in Addiction Therapeutic Communities. National Survey funded by Italian Welfare Department (**Euros 150,000** with Massimo Clerici) **2008-2009**
- Assessment of coercive and non-coercive pressures to enter drug abuse treatment. Funded by the Italian Welfare Department (**Euros 150,000** with Massimo Clerici) **2010**.
- ORION - Overdose Risk InFormatioN Project. Funded by the EU Drug Prevention and Information programme **2007-2013**. Applicant: University of St. Andrews. Partner: Business

Solutions Europa (UK), Aarhus University Hospital Risskov (DK), Universität Duisburg - Essen (DE), Università degli Studi di Milano - Bicocca (IT) (**Euros 678,000**) <http://orion-euproject.com>

- D-ARIANNA Digital-Alcohol Risk Alertness Notifying Network for Adolescents. Funded by Fondazione Cariplo Charity (**2012-2014-Euros 135,000**). <http://darianna.org/>
- International Prevalence and Treatment of Depression in Diabetes (INTERPRET-DD) Study. 19-country international research project, which is investigating pathways to care for individuals with diabetes who are diagnosed with depression. Project Leaders Cathy Lloyd (Faculty of Health and Social Care, the Open University, UK) and Norman Sartorius (Association for the Improvement of Mental Health Programme-The Dialogue on Diabetes and Depression (DDD) **2014-2016**).
- Milestone (Managing the Link and Strengthening Transition from Child to Adult Mental Health Care. Funding by the European Community's Seventh Framework Programme (FP7/**2007– 2013**) under grant agreement n° 602442 **Euros 6.000.000,00**. The University of Warwick, Katholieke Universiteit Leuven, Universitaet Ulm, King's College London, Stichting Yulius, Centre Hospitalier Universitaire de Montpellier, University College of Dublin, Erasmus Universitair Medisch Centrum Rotterdam, Provincia Lombardo-Veneta Ordine Ospedaliero di San Giovanni di Dio Fatebenefratelli, Klinicki Bolnicki Centar Split.
- Bando Regionale Lombardia per la Ricerca Indipendente nel Settore Sanitario (2013). Violence Risk and Mental Disorder-VIORMED STUDY (**2015-2016 Euros 243.300**), con IRCCS Fatebenefratelli, Brescia; A.O. Spedali Civili di Brescia; A.O. G. Salvini di Garbagnate Milanese (Milano); A.O. Ospedale Civile di Legnano (Milano); A.O. S. Gerardo (Monza-Brianza).
- Independent National Survey on QTc in people with mental Disorders. Funded by Italian Department of Health **2014-2015**.
- PRIN- MIUR (Ministero dell'Istruzione, dell'Universita e della Ricerca) (Progetti di Rilevante Interesse Nazionale) 2015 201597WTTM Unlocking the memory of the body: Virtual Reality in Anorexia Nervosa (**2017-2019 Euros 75,000**), with Giuseppe Riva (UNICAT) and Fabrizia Mantovani (UNIMIB), overall funding (**Euros 223.400**).
- European Research Area Network on Illicit Drugs- ERANID funded by the European Union under the 7th Framework Programme. **Principal Investigator** for the project: D.U.R.E.S.S.: Drug Use Recovery, Environment and Social Subjectivity (**2017-2020 Euros 100,000**) with Etablissement Public de Sante Maison Blanche (FR) and Universidade do Portos (overall funding Euros 210.000)
- 3rd EU Health Programme Call: PP-2-2016. European Study on Risk Factors for Violence in Mental Disorder and Forensic Care: a multicentre project. (**2017-2020 Euros 81.457,94**) with King's College London, UK; Zentralinstitut fuer Seelische Gesundheit, Germany; Medizinische Universitaet Wien, Austria; Provincia Lombardo-Veneta Ordine Ospedaliero San Giovanni di Dio, Fatebenefratelli, Italy; Instytut Psychiatrii i Neurologii, Poland; Heinrich-Heine Universitaet Duesseldorf, Germany. Europese Federatie van Familieverenigingen van psychiatrisch zieke personen, IVZW Belgium (**overall funding Euros 1.199.185,96**)
- The TWIST project (Training With Stakeholders – applying EU drug and addiction research) co-financed under the European Union's DG Justice Programme "Drugs Policy Initiatives" - Supporting initiatives in the field of drugs policy (JUST-2016-AG-DRUGS) (2017-2018) with Fundació Clínic per a la Recerca Biomèdica, Barcelona; General Directorate for Intervention on Addictive Behaviours and Dependencies (SICAD), Portugal; the European Federation of Addiction Societies (EUFAS), **Euros 2,012,000**.
- Exploring the role of uric acid on suicide ideation and attempts in subjects with mental illness. (**2017/2019 Euros 25.000**), with Francesco Bartoli and Cristina Crocamo. Competitive Excellence Research Grant from the University of Milano Bicocca.
- 2016-ATE-0238 ATE – Academic annual Grant **2016** "Adenosinergic hypothesis in bipolar disorder. Acid uric role as state either trait biomarker " - CARRA', GIUSEPPE **2.959,00 €**
- 2017-ATE-0151 ATE – Academic annual Grant **2017** Exploring the role of uric acid on suicide ideation and attempts in subjects with mental illness CARRA', GIUSEPPE **3.130,00 €**

- 2018-ATE-0180 ATE – Academic annual Grant **2018** Mental health: secondary analyses of national and international, large, existing datasets CARRA', GIUSEPPE **2.824,00 €**
- 2019-ATE-0095 ATE – Academic annual Grant **2019** Clinical correlates of rehospitalization among inpatients suffering from Schizophrenia Spectrum Disorders CARRA', GIUSEPPE **2.559,00 €**
- 2020-ATE-0224 ATE – Academic annual Grant **2020** Mental health, psychosocial wellbeing, and emotional resilience leveraging on social media big data and novel machine learning algorithms CARRA', GIUSEPPE **2.419,00 €**
- Basic research funding grant FFABR-MIUR, Art. 1, Commi 295 e seguenti, Legge 11 dicembre 2016 N. 232 **Euros 3.000**
- Assessing safety and efficacy of Vortioxetine versus SSRIs in elderly patients with depression: a pragmatic, multicenter, open-label, parallel-group, superiority, randomized trial (Version 3, 05/12/2016). VESPA study: Vortioxetine in the Elderly vs. SSRIs: a Pragmatic Assessment (**2018/2020 Euros 33.000**). Bando AIFA 2016 per la ricerca indipendente (overall funding **Euros 627.000**) with Azienda Ospedaliera Universitaria Integrata (AOUI) di Verona, WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation
- European Union's DG Justice Programme: ERICA Project (Stopping Child Maltreatment through Pan-European Multiprofessional Training Programme: Early Child Protection Work with Families at Risk) co-financed under the 2018 RIGHTS, EQUALITY AND CITIZENSHIP WORK PROGRAMME (**REC-RDAP-GBV-AG-2018**) with University of Tampere (FI); LVR-Kliniken der Universitat Duisburg-Essen (DE); Centre Hospitalier Maison Blanche (F); CHMB Maria Grzegorzewska Pedagogical University (PL); University of St. Andrews (UK); Oxford Brookes University (UK) (**2019-2022 Euros 451.007**)
- Marie Skłodowska-Curie Actions (MSCA) Innovative Training Networks (ITN) H2020-MSCA-ITN-2019. DoSSIER- Domain Specific Systems for Information Extraction and Retrieval (GA Number: 860721) with TU Wien, University of Sheffield, Spinqe, University of Milano Bicocca, Strathclyde University Glasgow, Research Studios Austria FG, University of Leiden, International Hellenic University TRIP Database Ltd, Tsukuba University, Univ. of Tennessee, University of Queensland, Contextflow GmbH, Gavagai AB, Zylab, ASST Nord Milano, Wolters Kluwer, CNT Information Systems, IPScreener, AutoMatch AB, max.recall GmbH, Signal Media, European Patent Office (European Commission - Horizon 2020- 1/11/19 → 31/10/23: **Euros 904.185.07**)
- Competitive Excellence Research Grant from the University of Milano Bicocca. Covid-19 pandemic impact on mental health and addiction services in Lombardy region. (**2021/2023 Euros 25.000**), with Francesco Bartoli and Cristina Crocamo.
- FSE REACT-EU Competitive Research Grant Axis-IV DM 1062/2021: “Natural Language Processing in Digital Mental Health” (**2022-2024 Euros 103.000**)

PATENTS AND SOFTWARE

- EasyAsi® Multimedia electronic diagnostic tool of ADDICTION SEVERITY INDEX-EXPANDED (ASI-X). Milano EIKONDATA ltd, **2005**
- EasyPADD® Multimedia electronic diagnostic tool of The Mini-International Neuropsychiatric Interview (M.I.N.I.) and The Structured Clinical Interview for DSM-IV Axis II Disorders. Milano EIKONDATA ltd, **2008**
- D-Arianna®- Digital - Alcohol RiSk Alertness Notifying Network for Adolescents. An innovative eHealth app estimating current risk for binge drinking in young people, **2015**
<https://itunes.apple.com/us/app/d-arianna-ita/id875249952?l=it&ls=1&mt=8>
<https://itunes.apple.com/us/app/d-arianna-eng/id875252915?l=it&ls=1&mt=8>
https://play.google.com/store/apps/details?id=com.saysoon.d_arianna.en
https://play.google.com/store/apps/details?id=com.saysoon.d_arianna.it

GOVERNMENTAL AND INSTITUTIONAL APPOINTMENTS

- Evaluator for The International Association for the Promotion of Co-operation with Scientists

from the New Independent States (NIS) of the Former Soviet Union (INTAS) **2005-2008**

- Member of Guideline Development Group for Schizophrenia at the Italian National Institute of Health **2004-2006**.
- Member of the Addiction panel at Italian Department of Health **2006-2008**
- Member of the panel of independent experts assisting European Commission at Directorate General of justice, freedom and security in the priority field “Prevent drug consumption and inform the public” **July 2007- June 2010**.
- Seconded to the Italian Department of Health for analysis and implementation of the 2007 National Report on Drug Abuse - **April-May 2008**.
- Member of experts’ panel assisting the International Bureau of the Federal Ministry of Education and Research at the Project Management Agency c/o German Aerospace Center **2010-present**
- Member of experts’ panel assisting European Commission at the Directorate for Health and Consumers and at the Directorate General of justice, freedom and security and assessing project proposals under Drug Prevention and Information Proposals (DPIP) call for action grants **2008, 2009/2010, 2011/2012, 2013**.
- Member of experts’ panel assisting the United Nations Office on Drugs and Crime (UNODC) in reviewing evidence on Voluntary-based or compulsory drug dependence treatment - **October 2009**.
- Member of the peer review group for Treatnet II Quality Standards of Care Project at the United Nations Office on Drugs and Crime (UNODC) - **October 2011**.
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) key experts group aimed at identifying current research gaps in the treatment of drug addiction. **October 2012**.
- Member of experts’ panel assisting Italian Multiple Sclerosis Society (FISM), **2012**.
- Member of experts’ panel assisting the Common Call Management of ERAfrica at the German Aerospace Agency (DLR), **2013**.
- Board Member (Director of Board **03/2016-07/2019**) Fondazione Varenna Charity <http://www.fondazionevarenna.it> , **2014-July 2019**.
- Member of experts’ panel assisting the European Commission for the call 'Personalised Medicine' (H2020-SC1-2016-2017), **2016**
- Member of experts’ panel assisting the Swiss Foundation of Alcohol Research (SFRA), **2016**
- Ad-hoc reviewer for the report “NOVEL TECHNOLOGICAL APPROACH FOR SUBSTANCE ABUSE DISORDERS” produced by the European Brain Council, commissioned by the Science and Technology Options Assessment (STOA) Panel at the European Parliament, **2016-2017**
- Member of the University of Milan Bicocca committee for research promotion, support and valorisation, **March 2016-September 2019**
- Ad-hoc reviewer for the National Institute for Health Research (UK), Evaluation, Trials and Studies (NETS) programme, **2017-today**
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) expert panel for the EMCDDA Report “Health and Social Responses to Drug Problems in Europe”, **2017**
- Member of the expert panel assisting the United Nations Office on Drugs and Crime (UNODC) for the report "Treatment and Care of People with Drug Use Disorders in Contact with the Criminal Justice System: Alternatives to Conviction or Punishment", **October 2017**
- Member of the American Psychiatric Association (APA) expert opinion survey informing APA practice guidelines for management of eating disorders, **2017**
- Member of the Expert panel assisting Tel - Aviv University Committee for Appointments and Promotions: **2018-present**
- Ad-hoc reviewer for the Chief Medical Officer Directorate, Chief Scientist Office Division The Scottish Government, **October 2018**
- Member of the expert panel assisting Milan City Government on Medical Cannabis treatment. **October 2019-present**
- Ad-hoc reviewer for the Ireland Health Research Board (HRB), **January 2019-present**

- Expert in Healthcare Delivery Systems, Social Media and Mental Health for the World Economic Forum Expert Network, **February 2019 -present**
- Ad-hoc reviewer for Fondazione CARIPOLO/Fondazione di Sardegna, **March 2019**
- Ad-hoc reviewer for the American Society of Addiction Medicine (ASAM) Clinical Practice Guideline on Alcohol Withdrawal Management, **September 2019**
- Ad-hoc reviewer for the United Nations Office on Drugs and Crime (UNODC) Universal Treatment Curriculum (UTC) “Alternatives to Incarceration”, **October 2019**.
- Ad-hoc reviewer for Research for Innovation (REFIN) EU-POR Puglia 2014-2020, **2019**.
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) the expert panel for the updates to the EMCDDA Best practice portal, **2019- present**
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) expert panel for the assessment of the risks by New Psychoactive Substances, **2020- 2022**.
- Ad-hoc reviewer for Fondazione CARIPOLO/Fondazione di Sardegna, **March 2020**
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) expert panel for the updates to the EMCDDA briefing on The implications of COVID-19 for people who use drugs (PWUD) and drug service providers <http://www.emcdda.europa.eu/publications/topic-overviews/covid-19-and-people-who-use-drugs> **March 2020-March 2020-present**
- Ad-hoc reviewer for the UK Research and Innovation (UKRI), Medical Research Council (MRC) Strategic Priorities Fund (SPF), Wave 2, Tackling multimorbidity at scale: Understanding disease clusters, determinants & biological pathways, **2021-present**
- Responsible for the joint training programmes between Trialect inc (USA) and the Department of Medicine and Surgery, University of Milano Bicocca, providing short-term educational and training opportunities of clinical and basic/translational programmes for US medical students, **August 2021-present**.
- Member of the Register of Expert Peer-Reviewers for Italian Scientific Evaluation (REPRISE) assisting The Italian Ministry for Universities and Research (MIUR) for the 2020 PRIN (Research Projects of National Interest) Program, **2021-present**
- Member of the expert panel assisting Agenzia Nazionale di Valutazione del Sistema Universitario e della Ricerca Valutazione della Qualità della Ricerca, Group of Evaluation Expert (GEV) 11b for VQR 2015-19, **2021-2022**
- Accredited Researcher at the UK Office for National Statistics (ONS), **2021-2026**
- Member of the American Psychiatric Association (APA) Committee on Practice Guidelines reviewing APA practice guidelines for the treatment of patients with eating disorders, **2021**
- Member of the International Selection Committee peer reviewers’ panel, assisting the UK National Institute for Health Research for the Biomedical Research Centre Stage 2 Competition **2021-present**
- Ad-hoc reviewer for the United Nations Office on Drugs and Crime (UNODC) Universal Treatment Curriculum (UTC) “Case Care Management (CCM)”, **January 2022**
- Ad-hoc reviewer for Mitacs Accelerate research proposal, Canadian Federal Government, **2022**
- Member for the Department of Medicine and Surgery in the University of Milano Bicocca Committee for Internationalisation, **November 2022-present**

HONOURS AND AWARDS

1992: Castelli-Schubert Award from University of Milan for Family psychoeducational interventions in Schizophrenia

1993-1995: Legrenzi Award at Schizophrenia Research Association

2003: 2004-05 Rotary Foundation Ambassadorial Academic-Year Scholarship

2016-2021: Fellow International Society Addiction Medicine (FISAM)

2017: The European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) 2017 scientific award, among five best shortlisted papers Carrà, G., Johnson, S., Crocamo, C., Angermeyer, M.C., Brugha, T., Azorin, J., Toumi, M., Bebbington, P.E. (2016), [Psychosocial functioning, quality of life](#)

[and clinical correlates of comorbid alcohol and drug dependence syndromes in people with schizophrenia across Europe.](#) *Psychiatry Research* 239: 301–307.
http://www.emcdda.europa.eu/scientific-award-2017-winning-and-shortlisted-articles_en

2022-present: Distinguished Fellow International Society Addiction Medicine (DFISAM)

PROFESSIONAL AND SCIENTIFIC ORGANIZATIONS (current memberships and offices held)

1991-present: Member Italian Psychiatric Association.

1995-2000: Founding and Board Member of Italian Association of Psychiatric Trainees and Young Psychiatrists (Italian rep at European Forum of Psychiatric Trainees in Ghent (1998) and Berlin (2000).

1995-2000: Secretary Italian Association of Psychiatric Trainees and Young Psychiatrists.

1996-present: Member Italian Association on Addiction Psychiatry.

2000-2002: Member World Psychiatric Association “*Program to Promote the Professional Development of Young Psychiatrists*”. Chair: JE Mezzich Co-chair: M. Maj.

2000: Coordinator of the Scientific Committee of the 1st Italian Young Psychiatrists Master.

2001-2005: Board Member Lombardy Psychiatric Association.

2002-present: Secretary Italian Association on Addiction Psychiatry.

2002-present: Member European Psychiatric Association.

2003-present: Member World Psychiatric Association Section of Addiction Psychiatry.

2003-present: Member Italian Association of Psychiatric Epidemiology.

2005-2011: Board member International Society Addiction Medicine (ISAM).

2010: Scientific Secretary at the 12th International Society Addiction Medicine (ISAM) Annual Meeting. Milan, 3/7 October 2010.

2014-2017: Board Member European Federation of Addiction Societies (EUFAS).

2012-present: Secretary Italian Association for Research in Schizophrenia, member society of the World Psychiatric Association (WPA).

2017-present: Board Member Italian Association of Social Psychiatry

2022: Scientific Secretary for the International workshop organized by the Italian Association of Social Psychiatry “Living with schizophrenia in a metropolis”, University of Milano Bicocca, October 17th, 2022 <https://www.unimib.it/eventi/vite-delle-persone-schizofrenia-metropoli>

MEDIA AND PUBLIC ENGAGEMENT:

Extensive activity with National (e.g., RAI, Corriere della Sera, La Repubblica, Sole 24 Ore) and International (e.g., BBC 4 and US National Public Radio) media on mental health topics.

-University of Milano Bicocca Team Leader at MeetMeTonight2017 ([European Researchers' Night](#))
http://www.meetmetonight.it/wp-content/uploads/2017/09/MMT17_MILANO.pdf **29-09-2017 - 30-09-2017**

-[BookCity Milano](#). University of Milano Bicocca- BookCity Bicocca: Insieme contro il virus. I racconti e le emozioni dei medici italiani durante la fase 1. Reading Marathon of Sodano L (ed.) Emozioni virali. Le voci dei medici dalla pandemia. Il Pensiero Scientifico, 2020. **November, 13th 2020** <https://www.biblio.unimib.it/it/eventi/insieme-contro-virus>

<https://www.youtube.com/watch?v=grqkyfE14dE>

-**2023:** Socialized Minds. La salute mentale giovanile nell’era dei social. Public engagement event
https://www.unimib.it/eventi/socialized_minds

-**2023:** Salute mentale: Hack the Mind, la challenge per soluzioni innovative nei servizi al territorio milanese- Panel member <https://musascarl.it/salute-mentale-hack-the-mind-la-challenge-per-soluzioni-innovative-nei-servizi-al-territorio-milanese/> <https://musascarl.it/la-piattaforma-di-sostegno-al-paziente-mental-web-vince-la-sfida-di-hack-the-mind/>
<https://www.ilsole24ore.com/art/hack-the-mind-sfida-universitari-lo-sviluppo-soluzioni-inclusive-milano-AFr6CFIB>

EDITORIAL ACTIVITIES

2005-present: Member Editorial Board: **Substance Abuse**. Journal of the Association for Medical Education and Research in Substance Abuse (AMERSA) (Editors: Adam J. Gordon, Marc Galanter) <https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=wsub20>

2007-2009: Member Editorial Board the **Open Addiction Journal**. Bentham Science Publishers.

2016-present: Consulting Editor for **The Journal of General Psychology** (Executive Editors: Paula Goolkasian, Andrea M. Karkowski, David Trafimow)

<https://www.tandfonline.com/action/journalInformation?show=editorialBoard&journalCode=vgen20>

2017-present: Review Editor in **Addictive Disorders**, **Frontiers in Psychiatry**

<https://www.frontiersin.org/journals/psychiatry/sections/addictive-disorders#editorial-board>

2018-present: Academic Editor Subject Areas: Medicine and health sciences, Mental health and psychiatry at **PLOS ONE** <https://journals.plos.org/plosone/static/editorial-board>

2019: Handling Editor for the **PLOS Medicine** Special Issue and PLOS ONE Collection “Substance Use, Misuse and Dependence: Prevention and Treatment”

2020-present: Associate Editor for **Schizophrenia**, **Frontiers in Psychiatry**,

<https://loop.frontiersin.org/people/463243/editorial>

2020-present: Review Editor in **Mood and Anxiety Disorders**, **Frontiers in Psychiatry**

<https://loop.frontiersin.org/people/463243/overview>

2021-present: Member Editorial Board: **Clinical Practice & Epidemiology in Mental Health**

(Editor: Mauro Carta) <https://clinical-practice-and-epidemiology-in-mental-health.com/editorial-board.php>

2003-present: Reviewer for: *Epidemiology and Psychiatric Sciences* (Editors: Michele Tansella, Corrado Barbui), *Journal of Substance Abuse Treatment* (Editor: Thomas McLellan), *European Addiction Research* (Editors: Wim van den Brink & Falk Kiefer, Michael Krausz & Christian Haasen), *Journal of Affective Disorders* (Editors-in-Chief: Cornelius Katona, Hagop Souren Akiskal, Jair Soares), *Social Psychiatry and Psychiatric Epidemiology* (Editors-in-Chief: Paul Bebbington, Craig Morgan), *Drugs: Education, Prevention & Policy* (Editor-in-Chief: Betsy Thom), *Psychotherapy and Psychosomatics* (Editor-in-Chief: Giovanni A. Fava), *International Journal of Drug Policy* (Editors-in-Chief: Tim Rhodes, Gerry Stimson), *Acta Psychiatrica Scandinavica* (Editor-in-Chief: Povl Munk-Jørgensen, Ida Hageman), *Psychological Medicine* (Editor-in-Chief: Robin Murray), *Addiction Biology* (Editor: Rainer Spanagel), *PLOS ONE* (Editor: Damian Pattinson), *Psychiatric Services* (Editor: Howard H. Goldman), *Psychiatry Research* (Editor: Monte Buchsbaum), *Schizophrenia Bulletin* (Editor-in-Chief: William T. Carpenter), *International Journal of Social Psychiatry* (Editor-in-Chief: Dinesh Bhugra), *Expert Review of Neurotherapeutics* (Editor-in-Chief: Rona Williamson), *Substance Abuse. Journal of the Association for Medical Education and Research in Substance Abuse (AMERSA)* (Editors: Adam J. Gordon, Marc Galanter), *General Hospital Psychiatry* (Editor-in-Chief: Wayne J. Katon, Jeffrey C. Huffman), *Journal of Mental Health* (Editor-in-Chief: Til Wykes), *American Journal of Orthopsychiatry* (Editors: Jill D. McLeigh, William Spaulding), *Neuropsychiatric Disease and Treatment* (Editor-in-Chief: Roger M. Pinder), *Alcoholism: Clinical and Experimental Research* (Editor-in-Chief: Henry R. Kranzler), *Journal of Studies on Alcohol and Drugs* (Editor-in-Chief: Marc A. Schuckit), *The Canadian Journal of Psychiatry* (Editor-in-Chief: Scott Patten), *Comprehensive Psychiatry* (Editor-in-Chief: John C. Markowitz), *BMJ Open* (Editor-in-Chief: Trish Groves), *Neuroscience and Neuroscience & Biobehavioral Reviews* (Editor-in-Chief: Giovanni Laviola), *Journal of Clinical Psychopharmacology* (Editors-in-chief: Richard I. Shader, David J. Greenblatt), *Journal of Substance Use* (Editor-in-Chief: Richard Pates), *The American Journal on Addictions* (Editor-in-Chief: Thomas R. Kosten), *International Journal of Emergency Mental Health* (Editor-in-Chief: James P. Kelleher), *The Journal of General Psychology* (Editor-in-Chief: Paula Goolkasian), *Alcohol and Alcoholism* (Editor-in-Chief: Jonathan Chick), *Journal of Public Mental Health* (Editor: Woody Caan), *Drug and Alcohol Review* (Editor: Robin Room), *International Journal of Mental Health Systems* (Editor-in-Chief: Harry Minas), *The Journal of Clinical Psychiatry* (Editor-in-Chief: Alan J. Gelenberg); *European Psychiatry* (Editor-in-chief:

Philip Gorwood), European Child & Adolescent Psychiatry (Editor-in-Chief: Johannes Hebebrand), The Journal of Dual Diagnosis (Editors: E. Sherwood Brown, Alan I. Green), International Journal of Methods in Psychiatric Research (Editor: Hans-Ulrich Wittchen), Neuropsychobiology (Editor-in-Chief: Werner Strik), Substance Abuse Treatment, Prevention, and Policy (Editors-in-Chief: Stephan Arndt, Janet Zwick); Current Psychology (Editor-in-Chief: F. Richard Ferraro); European Archives of Psychiatry and Clinical Neuroscience (Editor-in-Chief: Peter Falkai); Substance Abuse: Research and Treatment (Editor-in-Chief: Gregory L. Stuart); Community Mental Health Journal (Editor-in-Chief: Jacqueline M. Feldman).

1991-1994: Editorial assistant The Italian Journal of Psychiatry and Behavioural Sciences (Editors: C. Cazzullo, M. Maj)

1998: Co-editor of the Italian edition of: Galanter M., Kleber H.D. (eds.). "Textbook of Substance Abuse Treatment". American Psychiatric Press, Washington, 1994. Milano, Masson, 1998.

1998-2002: Member Editorial Board: Studi di Psichiatria. (Educational Journal of the Italian Psychiatric Association).

2002-2013: Member Editorial Board: Quaderni Italiani di Psichiatria. (Official Journal of the Italian Psychiatric Association).

2004: Co-Editor Italian edition of: National Collaborating Centre for Mental Health. Schizophrenia. Full Clinical Guidelines on core interventions in primary and secondary care. London, Gaskell, 2003. Roma, Il Pensiero Scientifico Editore, 2004. ISBN: 88-490-0117-7

2004: author of the Italian and Arabic versions of K10+ Self-administered Questionnaire http://www.hcp.med.harvard.edu/ncs/k6_scales.php

2006: Co-editor of the Italian edition of: Galanter M., Kleber H.D. (eds.). "Textbook of Substance Abuse Treatment". American Psychiatric Press, Washington, 2004. Milano, Masson, 2006. ISBN: 8821428125

2008: Member of the Expert Panel for the Back-translation of the Italian SCID I/P DSM-IV-TR Research Version (2002) according to WHO Procedure.

TEACHING (selected)

1996-2007: Teaching assistant in Psychiatry (MED/25), School of Medicine, University of Pavia.

1998-2007: Teacher under call for tender (MED/25), Psychiatric Rehabilitation Degree University of Pavia.

2000: Teacher of Addiction Psychiatry at National Institute of Health

2000-present: Teacher of Addiction Psychiatry at CPD courses in National Trusts and for the following Regional Health Authorities: Lombardia, Lazio, Puglia e Molise.

2001-present: Tutor for more than 30 dissertations for medical and postgraduate psychiatric certifications degrees at Universities of Pavia and Milano Bicocca.

2001-present: Teacher at MSc in Addiction Psychiatry at the Universities of Roma Cattolica, Chieti and Foggia.

2005-2006: Statistical tutor for MSc students in Psychiatric Research. University College of London.

2007: CPD Course in Addiction Psychiatry, Italian Society of Psychiatry. Cannabis, Alcol e Disturbi Psicotici

2007: Six-months CPD Course in Addiction Psychiatry. Regione Lombardia.

2009-2010: Teacher at the International PhD Program in Neuropharmacology Università di Catania.

2010: CPD Course in Addiction Psychiatry, Cantonal Medical Office, DSS, Bellinzona (CH).

2007-present: Teacher under call for tender (MED/25). Post-graduate Certification in Psychiatry, University Milano Bicocca.

2010-present: Teacher under call for tender (MED/25). Post-graduate Certification in Neuropsychology, University Milano Bicocca.

2010-present: Teacher under call for tender (MED/25). Post-graduate Certification in Developmental Psychology, University Milano Bicocca.

2014-present: Teacher under call for tender (MED/25). Degree in Clinical and developmental Psychology. University of Milano Bicocca.

2015-present: Teacher at PhD Program in Neuroscience, University of Milan Bicocca, Meta-analyses for Clinical Neurosciences.

2016-present: Teacher under call for tender (MED/25). Post-graduate Certification in Neurology, University Milano Bicocca.

2016-present: external examiner for PhD Programs: a) Psychology, Health and Statistical Sciences; University of Pavia; b) Evolutionary Psychopathology and Social Changes XXIX cycle. Libera Università degli Studi Maria SS. Assunta di Roma.

2019-present: external examiner for PhD Program Clinical-Experimental Neurosciences and Psychiatry, XXXI Ciclo, Sapienza Università di Roma.

2017-present: Faculty member of *PhD Program Neurosciences* (cycle XXXIII and following) University of Milano- Bicocca.

2016- present: Psychiatry for 5th year students at School of Medicine and Surgery, Medicine MBBS BSc programme, 4 CFU. University of Milan Bicocca

2016- present: Psychiatry for 3rd year students at School of Nursing studies, 2 CFU, University of Milan Bicocca

2017-present: Psychiatry for 2nd year students at School of Dentistry, Dentistry MBBS BSc programme, 2 CFU. University of Milan Bicocca

2019: Lecturer for the European Drugs Summer School (EDSS) 2019 organized by the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA)
http://www.emcdda.europa.eu/system/files/attachments/11289/EDSS2019_Programme_29052019.pdf

2020: Lecturer for the United Nations Office on Drugs and Crime (UNODC) Webinar on Drug Dependence Treatment and Care for People, Families and Communities affected by Drug Use towards Resilient Service Provision in COVID19 Crisis in Southeast Asia

2021-present: external examiner for PhD Program Innovation Sciences and Technologies, XXXIII Cycle, Università degli Studi di Cagliari

More than 40 Medical Students supervised or co-supervised for Degree dissertation.

PhD students supervised

Awarded

Giovanni Segagni Lusignani (UNIPV Doctor of Philosophy)

Paola Sciarini (UNIPV Doctor of Philosophy)

Francesco Bartoli (UNIMIB Doctor of Philosophy)

Cristina Crocamo (UNIPV Doctor of Philosophy)

Manuela Caslini (UNIMIB Doctor of Philosophy)

Filippo Castellano (UNIMIB Doctor of Philosophy)

Ongoing

Ilaria Riboldi (UNIMIB and UniSurrey)

Daniele Cavaleri (UNIMIB)

Post-doc researchers supervised

Francesco Bartoli (UNIMIB)

Cristina Crocamo (UNIMIB)

ACADEMIC REFERENCES

1. Paul Bebbington, Emeritus Professor of Social and Community Psychiatry, Division of Psychiatry, University College of London.
2. Mario Maj, Professor of Psychiatry, University della Campania “Luigi Vanvitelli”.
3. Sonia Johnson, Professor of Social and Community Psychiatry, Division of Psychiatry, University College of London.

PUBLICATIONS

(Scopus H-index=46; Web of Science Core Collection metrics H-index=43)

Articles in Journals Indexed by Web of Science Journal Citation Reports

Submitted under review

1. Bartoli F, Cavaleri D, Callovini T, Palpella D, Piacenti S, Crocamo C, **Carrà G**. Clinical correlates of DSM-5 mixed features in subjects with bipolar depression and mania: a cross-sectional study. Re-Submitted for publication to Journal of Psychosomatic Research (I.F.=4.7)
2. Crocamo C, Palpella D, Cavaleri D, Nasti C, Piacenti S, Morello P, Lauria G, Villa O, Riboldi I, Bartoli F, Torous J, Carrà G. Digital health interventions for mental disorders: an umbrella review of meta-analyses of randomised controlled trials. Re-Submitted for publication to The Lancet Digital Health (I.F.=23.8)

Accepted

235. **Carrà G**, Bartoli F, Moretti F, Villa O, Camera P, Crocamo C. Influence of prior contact with community mental health services on first inpatient psychiatric admission for ethnic minorities: findings from the NOMIAC study. International Journal of Social Psychiatry 2024 (I.F.=2.5).
234. Bartoli F, Cavaleri D, Riboldi I, Crocamo C, de Filippis R, Zandonella Callegher R, Paglia G, Albert U, De Fazio P, **Carrà G**. The Resistant Depression Response to Esketamine Assessing Metabolomics (ReDREAM) Project - Untargeted metabolomics to identify biomarkers of treatment response to intranasal esketamine in individuals with Treatment-Resistant Depression: a study protocol. Alpha Psychiatry 2024 (I.F.=1.3)
233. Riboldi I, **Carrà G**. Anti-obesity Drugs for the Treatment of Binge Eating Disorder: Opportunities and Challenges. Alpha Psychiatry 2024;25(3):312-322
DOI:10.5152/alphapsychiatry.2024.241464 (I.F.=1.3)

Published Ahead-of-Print

232. Cavaleri D, De Pietra A, Gazzola M, Crocamo C, Bartoli F, **Carrà G**. Complete blood count-based inflammation indexes and symptom severity in people with schizophrenia spectrum disorders: An analysis based on structural equation modelling. Psychoneuroendocrinology, 2024
doi: 10.1016/j.psyneuen.2024.107134. (I.F.=3.4)

In print

231. Bartoli F, Calabrese A, Moretti F, Castiglioni M, Prestifilippo L, De Pietra A, Gazzola M, Camera P, Crocamo C, **Carrà G**. Exploring depression in people with schizophrenia spectrum disorders: A cross-sectional analysis of the clinical relationship with Positive and Negative Syndrome Scale dimensions. Brazilian Journal of Psychiatry, 2024 <http://dx.doi.org/10.47626/1516-4446-2023-3418> (I.F.=5.5)
230. Vanzetto S, Quarenghi A, Varinelli A, Dragoni C, Conti D, Boscacci M, **Carrà G**, Percudani M, Morganti C, Gambini O, Barbieri V, Brambilla P, Lazzaretti M, Rubelli P, Mencacci C, Fusi A, Viganò C, Dell'Osso B. Longitudinal outcomes of a work inclusion program in mental health departments in the city of Milan. International Journal of Social Psychiatry 2024 70(3):507-517.
doi: 10.1177/00207640231217177 (I.F.=2.5)
229. Di Nicola M, Callovini T, Pepe M, De Mori L, Montanari S, Bartoli F, **Carrà G**, Sani G. Substance use disorders in adults with attention-deficit/hyperactivity disorder: The role of affective temperament. Journal of Affective Disorders. 2024, 15;354:253-257. doi: 10.1016/j.jad.2024.03.059. (I.F.=6.6)
228. Cavaleri D, Riboldi I, Crocamo C, Paglia G, **Carrà G**, Bartoli F. Mini-Review: evidence from preclinical and clinical metabolomics studies on the antidepressant effects of ketamine and esketamine. Submitted for publication to Neuroscience Letters 2024, 831,
<https://doi.org/10.1016/j.neulet.2024.137791>. (I.F.=2.5).

227. Bartoli F, Bassetti C, Gazzola M, Gianfelice L, Cavaleri D, Crocamo C, **Carrà G**. Prevalence and correlates of manic/hypomanic and depressive predominant polarity in bipolar disorder: A systematic review and meta-analysis. *BJPsychOpen* **2024**;10(3):e100. doi:10.1192/bjo.2024.51 (I.F.=5.4)
226. Bartoli F, Malhi GS. & **Carrà G**. Combining predominant polarity and affective spectrum concepts in bipolar disorder: towards a novel theoretical and clinical perspective. *International Journal of Bipolar Disorders*, **2024** 12, 14 <https://doi.org/10.1186/s40345-024-00336-9> (I.F.=2.8)
225. Janiri D, Simonetti A, Luciano M, Montanari S, Bernardi E, **Carrà G**, Fiorillo A, Sani G. Type of cycle, temperament and childhood trauma are associated with lithium response in patients with bipolar disorders. *International Journal of Bipolar Disorders*, **2024** 2;12(1):10. doi: 10.1186/s40345-024-00331-0. Erratum in: *Int J Bipolar Disord*. 2024 Jul 11;12(1):24. doi: 10.1186/s40345-024-00347-6. (I.F.=2.8)
224. Ostuzzi G, Gastaldon C, Tettamanti M, Cartabia M, Monti I, Aguglia A, Aguglia E, Bartoli F, Callegari C, Canozzi A, Carbone EA, **Carrà G**, Caruso R, Cavallotti S, Chiappini S, Colasante F, Compri B, D'Agostino A, De Fazio P, de Filippis R, Gari M, Ielmini M, Ingrosso G, Mammarella S, Martinotti G, Rodolico A, Roncone R, Sterzi E, Tarsitani L, Tiberto E, Todini L, Amaddeo F, D'Avanzo B; VESPA Study Group; Barbato A, Barbui C. Tolerability of vortioxetine compared to selective serotonin reuptake inhibitors in older adults with major depressive disorder (VESPA): a randomised, assessor-blinded and statistician-blinded, multicentre, superiority trial. *EClinicalMedicine*. **2024** Feb 15;69:102491. doi: 10.1016/j.eclinm.2024.102491. (I.F.= 15.1)
223. Riboldi I, Calabrese A, Piacenti S, Capogrosso CA, Lucini Paioni S, Bartoli F, **Carrà G**, Armes J, Taylor C, Crocamo C. Understanding university students' experiences, perspectives, and attitudes toward digital tools for mental health support in a cross-country qualitative study. Submitted for publication to *Clinical Practice & Epidemiology in Mental Health* **2024**; 19: e17450179271467. <http://dx.doi.org/10.2174/0117450179271467231231060255> (I.F.= 2.394)
222. Bartoli F, Bachi B, Callovin T, Palpella D, Piacenti S, Morreale M, Di Lella M, Crocamo C, **Carrà G**. Anxious distress in people with major depressive episodes: a cross-sectional analysis of clinical correlates. *CNS Spectrums* **2024** 29(1):49-53. doi:10.1017/S1092852923002377 (I.F.=4.604)
221. Cavaleri D, Crocamo C, Morello P, Bartoli F, **Carrà G**. The Kynurenine Pathway in Attention-Deficit/Hyperactivity Disorder: A Systematic Review and Meta-Analysis of Blood Concentrations of Tryptophan and Its Catabolites. *Journal of Clinical Medicine*. **2024**; 13 (2):583 <https://doi.org/10.3390/jcm13020583> (I.F.=3.9)
220. Castellini G, Tarchi L, Cassioli E, Ricca V, Abbate Daga G, Aguglia A, Albert U, Atti A, Barlati S, Blasi G, Carmassi C, **Carrà G**, De Fazio P, De Panfilis C, Di Lorenzo G, Ferrari S, Goracci A, Gramaglia C, Luciano M, Martinotti G, Menchetti M, Menculini G, Nanni MG, Nivoli A, Pinna F, Pompili M, Rosso G, Sambataro F, Sampogna G, Sani G, Serafini G, Signorelli MS, Tosato S, Ventriglio A, Viganò C, Volpe U, Fiorillo A. The interplay between mentalization, personality traits and burnout in psychiatry training: Results from a large multicenter controlled study. *Acta Psychiatrica Scandinavica* **2024**; 149(3):177-194. doi: 10.1111/acps.13649. (I.F.= 6.7)
219. Bartoli F, Nasti C, Palpella D, Piacenti S, Di Lella ME, Mauro S, Prestifilippo L, Crocamo C, **Carrà G**. Characterizing the clinical profile of mania without major depressive episodes: A systematic review and meta-analysis of factors associated with unipolar mania. *Psychological Medicine*, **2023** 53(15):7277-7286. doi: 10.1017/S0033291723000831 (I.F.=10.592)
218. Carta MG, Kalcev G, Scano A, Aviles Gonzalez CI, Ouali U, Pinna S, **Carrà G**, Romano F, Preti A, Orrù G, Minerba L, Cossu G, Nardi AE, Primavera D. The impact of MDQ positivity on quality of life impairment: Does it support the hypothesis of “Dysregulation of Mood, Energy, and Social Rhythms Syndrome” (DYMERS)? *Journal of Public Health Research* **2023**;12(4). doi:10.1177/22799036231208356 (I.F.=2.3)
217. **Carrà G**, Bartoli F, Canestro A, Capogrosso CA, Bebbington PE, Crocamo C. Influence of intrinsic and extrinsic religiosity on youth cannabis use: A structural equation modelling analysis

- on National Survey on Drug Use and Health (NSDUH) 2015–2019 Journal of Psychiatric Research **2023** Vol 166: 178-185 <https://doi.org/10.1016/j.jpsychires.2023.09.016> (I.F.=**5.25**)
- 216.** Cavaleri D, Capogrosso CA, Guzzi P, Bernasconi G, Re M, Misiak B, Crocamo C, Bartoli F, **Carrà G**. Blood concentrations of anterior pituitary hormones in drug-naïve people with first-episode psychosis: a systematic review and meta-analysis. Psychoneuroendocrinology **2023** Vol 158, 106392 <https://doi.org/10.1016/j.psyneuen.2023.106392> (I.F.=**4.693**)
- 215.** Bartoli F, Callovini T, Cavaleri D, Crocamo C, Riboldi I, Aguglia A, De Fazio P, Martinotti G, D'Agostino A, Ostuzzi G, Barbui C, **Carrà G**. Effect of long-acting injectable antipsychotics on 1-year hospitalization in bipolar disorder: A mirror-image study. European Archives of Psychiatry and Clinical Neuroscience **2023** 273(7):1579-1586. doi: 10.1007/s00406-022-01522-5 (I.F.=**5.760**)
- 214.** Carmassi C, Sampogna G, Di Vincenzo M, Cipolla S, Toni C, Albert U, **Carrà G**, Cirulli F, Dell'Osso B, Fantasia S, Nanni MG, Pedrinelli V, Pompili M, Sani G, Tortorella A, Volpe U, Fiorillo A. Acute stress symptoms in general population during the first wave of COVID lockdown in Italy: Results from the COMET trial. Brain and Behavior **2023**, 00, e3314. <https://doi.org/10.1002/brb3.3314> (I.F.=**3.1**)
- 213.** Sampogna G, Di Vincenzo M, Luciano M, Della Rocca B, Albert U, Carmassi C, **Carrà G**, Cirulli F, Dell'Osso B, Nanni MG, Pompili M, Sani G, Tortorella A, Volpe U, Fiorillo A. The effect of social media and infodemic on mental health during the COVID-19 pandemic: results from the COMET multicentric trial. Frontiers in Psychiatry **2023** doi:10.3389/fpsy.2023.1226414 (I.F.= **4.760**)
- 212.** Riboldi I, Cavaleri D, Calabrese A, Capogrosso CA, Piacenti S, Bartoli F, Crocamo C, **Carrà G**. Digital mental health interventions for anxiety and depressive symptoms in university students during the COVID-19 pandemic: A systematic review of randomized controlled trials. Revista de Psiquiatria y Salud Mental **2023**, 16, S 1: 47-58 <https://doi.org/10.1016/j.rpsm.2022.04.005>. (I.F.=**6.795**)
- 211.** Moffa G, Kuipers J, **Carrà G**, Crocamo C, Kuipers E, Angermeyer M, Brugha T, Toumi M, Bebbington P. Longitudinal symptomatic interactions in long-standing schizophrenia: a novel five-point analysis based on Directed Acyclic Graphs. Psychological Medicine **2023** 53(4): 1371–1378 doi:10.1017/S0033291721002920 (I.F.=**10.592**)
- 210.** Ostuzzi G, Tedeschi F, Bertolini F, Cotugno C, Aguglia A, Bartoli F, **Carrà G**, D'Agostino A, Martinotti G, Barbui C, Gastaldon C, Papola D. Clinical trajectories of individuals with severe mental illness continuing and discontinuing long-acting antipsychotics: a one-year mirror-image analysis from the STAR Network Depot study. Schizophrenia (Heidelb) **2023** 17;9(1):23. doi: 10.1038/s41537-023-00342-3. (I.F.= **4.966**)
- 209.** Riboldi I, Capogrosso CA, Piacenti S, Calabrese A, Lucini Paioni S, Bartoli F, Crocamo C, **Carrà G**, Armes J, Taylor C. Mental health and COVID-19 in university students: findings from a qualitative, comparative study in Italy and the UK. Submitted for publication to International Journal of Environmental Research and Public Health **2023** (20):4071 DOI: 10.3390/ijerph20054071 (I.F. =**4.614**)
- 208.** Bartoli F, Cavaleri D, Nasti C, Palpella D, Guzzi P, Riboldi I, Crocamo C, Pappa S, **Carrà G**. Long-acting injectable antipsychotics for the treatment of bipolar disorder: Evidence from mirror-image studies. Therapeutic Advances in Psychopharmacology **2023** 13:204512532311636 DOI: 10.1177/20451253231163682 (I.F.= **4.988**)
- 207.** Cavaleri D, Moretti F, Bartocetti A, Mauro S, Crocamo C, **Carrà G**, Bartoli F. The role of BDNF in major depressive disorder, related clinical features, and antidepressant treatment: insight from meta-analyses. Neuroscience & Biobehavioral Reviews **2023** 149, <https://doi.org/10.1016/j.neubiorev.2023.105159>. (I.F.:**9.052**)
- 206.** Bartoli F, Callovini T, Cavaleri D, Cioni RM, Bachi B, Calabrese A, Moretti F, Canestro A, Morreale M, Nasti C, Palpella D, Piacenti S, Nacinovich R, Riboldi I, Crocamo C, **Carrà G**. Clinical correlates of comorbid attention deficit hyperactivity disorder in adults suffering from

- bipolar disorder: a meta-analysis. The Australian & New Zealand Journal of Psychiatry (ANZJP), **2023** 57(1):34-48. doi:10.1177/00048674221106669 (I.F.=**5.598**)
- 205.** Cavaleri D, Bartoli F, Capogrosso CA, Guzzi P, Moretti F, Riboldi I, Misiak B, Kishi T, Rubin RT, Fuchs D, Crocamo C, **Carrà G**. Blood concentrations of neopterin and biopterin in subjects with depression: a systematic review and meta-analysis. Progress in Neuro-Psychopharmacology and Biological Psychiatry **120**, **2023**, 110633 (I.F.=**5.201**)
- 204.** Carrà G, Bartoli F, Capogrosso CA, Cioni RM, Moretti F, Piacenti S, Riboldi I, Crocamo C, Bebbington PE. Innovations in community-based mental health care: an overview of meta-analyses. International Review of Psychiatry **2022**, 34:7-8, 770-782, DOI: 10.1080/09540261.2022.2113043 (I.F.= **3.287**)
- 203.** Bartoli F, Misiak B, Callovini T, Cavaleri D, Cioni RM, Crocamo C, Savitz JB, **Carrà G**. The association of kynurenine pathway metabolites with symptom severity and clinical features of bipolar disorder: An overview. European Psychiatry **2022** 65(1):e82. doi: 10.1192/j.eurpsy.2022.2340. PMID: 36366795. (I.F.= **7.156**)
- 202.** Riboldi I, Cavaleri D, Capogrosso CA, Crocamo C, Bartoli F, **Carrà G**. Practical guidance for the use of long-acting injectable antipsychotics in the treatment of schizophrenia. Psychology Research and Behavior Management **2022**;15:3915-3929 <https://doi.org/10.2147/PRBM.S371991> (I.F.=**3.974**)
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