

Gabriele Cerati

Post-Doctoral Researcher

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Academic Research Experiences

POST-DOCTORAL RESEARCHER

2024- CURRENT

University of Milano-Bicocca - Department of Sociology and Social Research (Milano, Italy)

Project title: "Datificazione e cittadinanza: il caso della Pubblica Amministrazione in Italia"

Supervisor: Prof. Sonia Stefanizzi

PH.D. CANDIDATE IN "ANALYSIS OF SOCIAL AND ECONOMIC PROCESSES"

2020 - 2024

University of Milano-Bicocca - Department of Sociology and Social Research (Milano, Italy)

Title: "Are We Facing An Epidemic Of Depression? An Ethnographic Study In Two Psychiatric Outpatient Clinics In Milano"

Supervisor: Prof. Sonia Stefanizzi

RESEARCH ASSISTANT

2020-2022

University of Milano-Bicocca - Department of Sociology and Social Research (Milano, Italy)

Project: "La salute della popolazione nelle province di Varese e Como: distribuzione territoriale e determinanti sociali" - Qualitative research in health practices and lifestyles. Two waves (2020 and 2022) *Supervisor:* prof. David Benassi

RESEARCH ASSISTANT

2018-2020

University of Milano-Bicocca - Department of Sociology and Social Research (Milano, Italy)

Project: "Aging in a Networked Society" - Quantitative research in aging and ICT use
Supervisor: prof. Emanuela Sala

INTERNSHIP - RESEARCHER

2017-2018

Centro Interuniversitario Culture di Genere - University of Milano-Bicocca (Milan, Italy)

Quantitative research in gender inequalities and stereotypes

Supervisor: prof. Carmen Leccardi

INTERNSHIP - DATA GATHERING

2015-2016

University of Milano-Bicocca - Department of Sociology and Social Research (Milano, Italy)

Qualitative data gathering, research about Labour Unions

CATI interviewer for Laboratorio di Sociologia Applicata.

Non-Academic Research Experiences

JUNIOR RESEARCHER

2019 - 2020

Magmatic research / Sweet Spot PR (Berlin, Germany)

Research on city benchmarking. PR / Journalism

Freelancer (2020), Erasmus+ Traineeship (July/September 2019)

JUNIOR RESEARCHER

2018 - 2020

Pepe Research - (Milan, Italy)
Market research - Socio-political surveys
Freelancer (2019- 2020), Internship (2018).

Education

PH.D. CANDIDATE

2020 - CURRENT

Ph.D. programme: Analysis of Social and Economic Processes - University of Milano-Bicocca (Milano, Italy)

VISITING PH.D. STUDENT

AUG-NOV 2023

Instituto de Investigaciones Gino Germani
University of Buenos Aires - Department of Social Sciences (Buenos Aires, Argentina)
Supervisor: Prof. Eugenia Bianchi

VISITING PH.D. STUDENT

JAN-JULY 2023

Uppsala University - Department of Social Work (Uppsala, Sweden)
Supervisor: Prof. Stefan Sjöström

MASTER'S DEGREE IN SOCIOLOGY

2019

University of Milano-Bicocca (Milano, Italy) *Graduation with 110/110 and honours*

BACHELOR IN SOCIOLOGY

2016

University of Milano-Bicocca (Milano, Italy) *Graduation with 110/110 and honours*

Summer schools and Workshops

Pre-conference Workshop - 9th Ethnography and Qualitative Research International Conference - Trento, 7 June 2023

ERC Pre-conference Workshop - ESA RN 16 Midterm Conference - Prague, 24 May 2023

European Sociological Association (ESA) PhD Summer School 2022: "Sociology Matters: Theory, Methods and Practices" – Dubrovnik, September 5-6, 2022.

Publications

Cerati, G. (2021) Difficult to define, easy to understand: the use of genre categories while talking about music. *SN Social Sciences*, 1, 288 (2021). DOI: 10.1007/s43545-021-00296-2

Sala, E., **Cerati, G.**, & Gaia, A. (2021). Are social media users more satisfied with their life than non-users? A study on older Italians. *Ageing and Society*, 1-13. DOI:10.1017/S0144686X21000416

Gaia, A., Sala, E., & **Cerati, G.** (2021). Social networking sites use and life satisfaction. A quantitative study on older people living in Europe. *European Societies*, 23(1), 98-118., DOI: 10.1080/14616696.2020.1762910

Zaccaria, D., Guaita, A. Vaccaro, R., Casanova, G., Abbondanza, S., Pettinato, L., **Cerati, G.**, Rolandi, E., & Sala, E. (2020) "Assessing the impact of Social Networking Site use on older people's loneliness and social isolation. A randomized controlled trial: The Ageing in a Networked Society-Social Experiment Study (ANS-SE)". *Contemporary Clinical Trial Communication* 19, 100615

Sala, E., Gaia, A. & **Cerati, G.** (2020) "The grey digital divide in Social Networking Site use in Europe. Results from a quantitative study". *Social Science Computer Review*. DOI: 10.1177/0894439320909507

Gaspani, F., Gerosa, T., **Cerati, G.** & Marchesi, A. (2019) *Stereotipi di genere e vita quotidiana: una ricerca in sei università milanesi*. Milano: Centro di Ricerca Interuniversitario Culture di Genere.

Presentation in Conferences

13th International Society Of Critical Health Psychology (ISCHP) Biennial Conference - Universidad de O'Higgins (Rancagua, Chile), 26-28 July 2023

Contribution: The relevance of social factors in depressive and anxiety symptoms. Ethnographic report from two outpatients' clinics

9th Ethnography and Qualitative Research International Conference - University of Trento (Trento, Italy), 7-10 June 2023

Contribution: The relevance of social factors in the emergence of depressive disorders. Ethnographic report from two outpatients' clinics in Milan, Italy

ESA RN 16 Midterm Conference - Sociology Of Health And Medicine In The Public Arena During The Covid-19 Pandemic And Beyond - Charles University (Prague, Czech Republic), 24-26 May 2023

Contribution: The relevance of social factors in depressive and anxiety symptoms. Ethnographic report from two outpatients' clinics in Milan, Italy

Conferenza Nazionale dei Dottorandi e delle Dottorande in Scienze Sociali - Università di Catania (Catania, Italy), 1-3 December 2022

Contribution: "La medicalizzazione dei sintomi depressivi: gli effetti delle rappresentazioni riguardanti i disturbi psichiatrici sulle pratiche diagnostiche e terapeutiche"

European Sociological Association PhD Summer School 2022 - Inter-University Centre, Dubrovnik (Croatia), 5-6 September 2022

Contribution: "Medicalizing depressive symptoms: the effects of representations about psychiatric disorders on diagnostic and therapeutic practices"

Pluralizing Global Mental Health Care, crisis, and critique - ECfMA biannual conference - Edinburgh Centre for Medical Anthropology (Edinburgh, UK), 09-10 June 2022

Contribution: "An"epidemic of depression". A closer look at global prevalence of depressive disorders"

XIII Conferenza di Espanet Italia 2020 – Il welfare state di fronte alle sfide globali - Università Ca' Foscari Venezia (Venezia, Italy), 17-19 September 2020

Contribution: "Is life satisfaction associated with Social Media use? A study on the old age population in Italy", with Sala, E. and Gaia, A.

7th Ethnography and Qualitative Research Conference - Università di Bergamo (Bergamo, Italy), 6-9 June 18

Contribution: "Difficult to define, easy to understand. The use and production of music genres categories in musical experience"

Prospettive di genere: un'occasione da non perdere - Politecnico di Milano (Milano, Italy), 10 November 2017

Contribution: "Studenti universitari e stereotipi di genere: una ricerca negli atenei milanesi", with Gaspani, F. and Marchesi, A.

Lectures and Seminars

Lectio *"Emotion and Positionality while doing research in mental healthcare contexts"*, for the course *"Etnografia e analisi delle rappresentazioni"* (Prof. Marco Romito), Master's degree *"Analisi dei Processi Sociali"*, Marzo 2024

Lectio *"Sociologia della Salute Mentale"*, for the course *"Sociologia della Salute"*, bachelor's degree in Social Work (Prof. David Consolazio). Venezia, Marzo 2024.

Lectio *"Sociologia della Depressione: interrogativi e metodologia della ricerca"*, for the course *"Nuove Sfide per la Ricerca Sociale"* (Prof. Sonia Stefanizzi), Master's degree *"Sicurezza, Devianza e Gestione dei Rischi"*, November 2023

Seminar: *"An epidemic of depression? Preliminary results from an ethnographic study in two Italian outpatients psychiatric clinics"*, Quinto Encuentro del Ciclo de Lecturas y Presentaciones de Resultados del GESFyD , Instituto de Investigaciones Gino Germani, Octubre 2023.

Seminar: *"The relevance of social factors in the emergence of depressive disorders. Ethnographic report from two outpatients' clinics in Milan, Italy"*, Encuentro de Investigadores sobre Fármacos y Diagnósticos, Instituto de Investigaciones Gino Germani, October 2023.

Seminar: *"Emotion and Positionality while doing research in mental healthcare contexts"*, EmOJI Research Group, Uppsala Universitet, May 2023.

Seminar: *"An epidemic of depression? Preliminary results from an ethnographic study in two Italian outpatients psychiatric clinics"*, Social Work Department's Seminar, Uppsala Universitet, May 2023.

Seminar: *"The relevance of social factors in the emergence of depressive disorders. Ethnographic report from two outpatients' clinics in Milan, Italy"*, The Welfare Research Group, Uppsala Universitet, March 2023.

Lectio *"Sociologia della Salute Mentale"*, for the course *"Sociologia della Salute"*, bachelor's degree in Nursing (Prof. David Consolazio). Cuneo, November 2022.

Lectio *"The Bicocca Neighbourhood. Transformations from the industrial to the post-industrial era"*, for the course in Anthropology (Prof. Piero Vereni). For the Trinity College (Hartfort, CT - USA). Milano, February 2022

Lectio *"La Sociologia della Depressione. Interrogativi di ricerca"*, for the course in Qualitative Methods (Prof. Sonia Stefanizzi), Master in Comunicazione della Scienza e dell'Innovazione Sostenibile, Università di Milano-Bicocca. Milano, March 2022

Seminar *"La salute della popolazione nelle province di varese e como: distribuzione territoriale e determinanti sociali. Un'indagine qualitativa tra i lavoratori di grandi imprese"* for ATS Insubria resident doctors, October, 2020.

Seminar *"L'uso delle nuove tecnologie e il benessere degli anziani"*, with Alessandra Gaia and Emanuela Sala, Università di Milano-Bicocca. Milano, January 2020.

Lectio “*L’uso delle categorie nella musica*” for the course “Sociologia del Linguaggio” (Prof. Gianmarco Navarini) in Corso di Laurea Triennale in Sociologia, Università di Milano-Bicocca. Milano, April 2019.

Roundtable “*Giornata internazionale per l’eliminazione della violenza contro le donne. Una riflessione a più voci sulla maschilità contemporanea*” - Discussant - Casa della cultura. Milano, November 2017

Panels in Conferences

“Ethnography in Mental Healthcare Contexts”, with prof. Stefan Sjöström - 9th Ethnography and Qualitative Research International Conference University of Trento (Trento, Italy), 7-10 June 2023

Media and Press

Raimondi, P., **Cerati G.** “Communitas - Teatro del Lunedì S2 03” (2022) <https://www.youtube.com/watch?v=EBotqvrEvlU&t=235s>

Gaia, A., Sala, E., **Cerati, G.** (2021) “L’utilizzo dei Social Media e il benessere degli anziani”, in www.neodemos.info, website about demography <https://www.neodemos.info/2021/05/28/lutilizzo-dei-social-media-e-il-benessere-degli-anziani/>

Cerati, G., Sala, E., Zaccaria, D. (2020) “Anziani e reti di relazioni durante la pandemia. Primi risultati di uno studio esplorativo condotto in Lombardia in www.welforum.it, observatory website for social policies <https://welforum.it/il-punto/emergenza-coronavirus-tempi-di-precarieta/anziani-e-reti-di-relazioni-durante-la-pandemia/>

Cerati, G., Gaia, A., Sala, E. (2020) “Rischio esclusione sociale per gli anziani senza rete”, in www.lavoce.info, socio-economic web journal for the dissemination of academic contributions. <https://www.lavoce.info/archives/64408/rischio-esclusione-sociale-per-gli-anziani-senza-rete/>

Teaching

Teaching assistant for “Metodi di Ricerca Qualitativa” – Sociology bachelor’s degree, University of Milano-Bicocca (Prof. Fabio Quassoli, 2024).

Teaching assistant for “Sociologia della Salute” – Nursing bachelor’s degree, University of Cuneo (Prof. David Consolazio, 2022).

Exams committee member for “Metodologia della ricerca sociale” - Social Work bachelor’s degree, University of Milano-Bicocca (prof. Emanuela Sala – 2020)

Exam committee member for “Sociologia del Linguaggio” – Sociology bachelor’s degree, University of Milano-Bicocca (prof. Gianmarco Navarini– April 2019)

Service

Organizing staff at “I dilemmi della società digitale - Riflessioni epistemologiche e metodologiche sulle conseguenze sociali della trasformazione digitale” Associazione Italiana Sociologia, - University of Milano-Bicocca (December 2023)

Organizing staff at “Un incontro pubblico per discutere: la sicurezza pubblica in Bicocca - University of Milano-Bicocca (June 2022).

Organizing staff at “Natura-Cultura: decostruire una dicotomia. Riflessioni epistemologiche e sfide metodologiche per le scienze sociali” Associazione Italiana Sociologia, sezione Metodologia - University of Milano-Bicocca (February 2022)

Organizing staff at “Online Workshop: Older People, Social Networks And Well-Being” - University of Milano-Bicocca (September 2020).

Organizing staff at “Le nuove tecnologie e il benessere degli anziani” - University of Milano-Bicocca (January 2020).

Organizing staff at SLLS International Conference 2018 - University of Milano-Bicocca (July 2018).

Sociology students’ tutor (University of Milano-Bicocca) - Help and didactic support for freshmen students in Sociology. (2017-2018).

Skills

LANGUAGES

Italian: *Mother tongue* ; **English:** *C1* ; **Spanish:** *A2* ; **French:** *A1*

SOFTWARE:

SPSS, Stata, Nvivo, Office

Memberships

European Sociological Association - RN16

Volunteering / Activism

2022 - current: Milano Mutuo Soccorso (APS), Progetto Drago Verde - Aid for the homeless population in Milan concerning material and relational support

2019-2020: Recup - Recovery and redistribution of food discarded from Milan markets.

2011-2012: La collina dei Conigli Onlus (Monza) - Animal rescue centre